



Montfort
School Delhi

SYLLABUS
2025-26
CLASS – II

SUBJECT: English TEXTBOOK: Flowers & Flowers Worksheet GRAMMAR: The Grammar Connect						
S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/OTHER ACTIVITIES
1.	April 3-15		7	Book-Flowers L-1: Mary and the Mouse Grammar Is/Am/Are	Story Telling Method Loud Reading Individual Reading	Book- Flowers <ul style="list-style-type: none"> Complete the picture – Page -12 Rearrange and rewrite using punctuation. Flowers Worksheets- Page 10&11
2.	April 16-30		10	Book- Flowers L-2: The Fly Grammar A/An/The	Play-way Method Discussion based Method	<ul style="list-style-type: none"> Kite Making Animal sound game. Page 24 – Categorize the animals which can fly and cannot fly Flowers Worksheets Page 6
3.	May 1-15		11	Book-The Grammar Connect L – 1: Naming Words L – 2: Common Names and Special Names	Drill and Practice Method	<ul style="list-style-type: none"> Noun – Hunt in the kitchen Flowers Worksheets Page 7 & 14
4.	May 16-28		12	Book-Flowers Poem – A House Grammar One – Many	Recitation Method Practice Worksheet	<ul style="list-style-type: none"> Tearing and Pasting Activity - A House
UNIT-1 EXAMINATION – 2nd WEEK OF JULY 2025						
5.	JULY 1-10		5	Book: The Grammar Connect L – 19: Punctuation	Demonstration Method Use of Multimedia	<ul style="list-style-type: none"> Punctuate the given paragraph. Colour the special names. Flowers Worksheets Page 3

6.	JULY 20-30		12	Book -Flowers L – 3: I Promise Grammar Opposites	Storytelling method Use of Multimedia	<ul style="list-style-type: none"> Write a letter to God. Flowers Worksheets Page 26 & 30
7.	AUGUST 1-15		9	Book- Flowers L – 4: Helping and sharing	Play – way Method	<ul style="list-style-type: none"> Pg 44 – Draw two baskets. Read the names of the vegetables that grow below the ground and above the ground and write the names in the correct boxes.
8.	AUGUST 16-30		12	Book: The Grammar Connect L – 5: Pronouns	Use Of Multimedia	<ul style="list-style-type: none"> Underline the pronouns in the newspaper article.
9.	SEPTEMBER 1-15		6	Book- Flowers Poem- The Little Plant REVISION	Recitation Method Practice Worksheets	<ul style="list-style-type: none"> Draw, colour and label different parts of a plant.
HALF YEARLY EXAMINATION – MID SEPTEMBER 2025						
10.	SEPTEMBER 20-30		4	Book- Flowers L – Christmas Song Prepositions	Storytelling method Use of Multimedia	<ul style="list-style-type: none"> Christmas Carol Singing Finger puppet Flowers Worksheet Page 27
11.	OCTOBER 1-15		9	Book: The Grammar Connect L – 20: Short Forms	Play – way method	<ul style="list-style-type: none"> Mask making- cat Write or tell four adjectives from the given paragraph
12.	OCTOBER 16-30		10	Book- Flowers L – 2: The Golden Bucket Grammar Change The Gender	Storytelling method	Book- Flowers <ul style="list-style-type: none"> Pg 28(Q. M)- Just a minute Flowers Worksheets Page 18
13.	NOVEMBER 1-15		11		Explanatory Method	<ul style="list-style-type: none"> Worksheet-Page 4&15

SUBJECT: Mathematics
TEXTBOOK: Flowers (Part 1 &2) , Flowers Worksheet
MENTAL MATHS: Rapid Fire

S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/ OTHER ACTIVITIES
1.	April 3-15		10	Lesson – 1 Numbers up to 1000	Art Integrated Learning	Flowers Page – 65 Rapid Fire Page – 7,8
2.	April 16-30		12	Lesson – 1 Numbers up to 1000 Lesson – 2 Addition	Problem Solving	Rapid Fire Pg – 28, 29 Flowers Page – 91
3.	May 1-15		11	Lesson – 2 Addition Lesson – 4 Addition of Larger Numbers	Value Based	Flowers Worksheet Page – 39,40 Rapid Fire Pg – 34
4.	May 16-28		12	Lesson – 4 Addition of Larger Numbers	Art Integrated Learning	Worksheet Addition Doll
UNIT 1 EXAMINATION – 2nd WEEK OF JULY 2025						
5.	July 1-15		5	Lesson – 3 Subtraction	Play-way Activity	Flowers Page – 96
6.	July 16-30		12	Lesson – 3 Subtraction	Concept Based	Flowers Worksheet Page – 41,42
7.	August 1-15		9	Lesson – 5 Subtraction of Larger Numbers	Art Integrated Learning	Rapid Fire Pg – 35

8.	August 16-30		12	Lesson – 5 Subtraction of Larger Numbers	Art Integrated Learning	Worksheet Colour by using the colour code
9.	September 1-15		6	Lesson – 6 Shapes and Patterns (Activity) Revision Addition and Subtraction of Larger Numbers	Project Based	Worksheet Circle the shape that comes next
HALF YEARLY EXAMINATION – MID SEPTEMBER 2025						
10.	September 16-30		5	Lesson – 1 Multiplication	Application Based	Worksheet Dodging Tables – 2,3,4,5,10
11.	October 1-15		9	Lesson – 1 Multiplication	Use of Multimedia	Video Making Record a video explaining the table of 2 using objects
12.	October 16-31		10	Lesson – 1 Multiplication Lesson – 2 Division	Value Based	Flowers Page – 110 Values
13.	November 1-15		11	Lesson – 2 Division	Experiential Learning	Rapid Fire Pg – 42
14.	November 16-30		12	Lesson – 2 Division Revision Multiplication & Division	Application Based	Flowers Worksheet Pg – 51,52
UNIT 2 EXAMINATION – 1st WEEK OF DECEMBER 2025						
15.	December 1-15		6	Lesson-3 Fractions	Concept Based	Flowers Page-116: Understanding Halves and Fourths

						Rapid Fire Pg – 46, 47
16.	December 16-31		12	Lesson-4 Time	Experiential Learning	Flowers Pg – 121: Days of the week Flowers Worksheet Pg – 55,56
17.	January 1-15		6	Lesson-5 Money	Competency Based	Flowers P – 126 & 127: Ex-5.1, QC Making money using coins
18.	January 16-31		11	Lesson-6 Measurement	Play-way Activity	Flowers Pg – 136: Ex-6.1, QC Colour the correct boxes after identifying the unit
19.	February 1-10		10	Lesson-6 Measurement Lesson-7 Data Handling (Activity)	Problem Solving Project Based	Rapid Fire Pg – 52, 53 Flowers Pg – 152&153: Pictograph

ANNUAL EXAMINATION – MID FEBRUARY 2026

हिंदी पाठ्यक्रम कक्षा – २

सत्र: 2025 – 26

पाठ्य पुस्तक – वृद्धि

क्रमांक	काल	पाठ / विषय	शिक्षण अवधि	पाठ्यक्रम पूर्ति	शिक्षार्थी केंद्रित शिक्षा शास्त्र	कला एकीकृत गतिविधि
1.	April 3-15		9	मिल जुलकर काम करें (कविता)	लयात्मक विधि	• अपने कमरे की सफाई करें
2.	April 16-30		10	बुढ़िया और बंदरिया	कहानी विधि	• चित्र देखकर कहानी सुनाओ
3.	May 1-15		9	पेड़वाला ए.सी. सयुक्ताक्षर शब्द	कहानी विधि नियत कार्य विधि	• पेड़ लगाने पर एक स्लोगन लिखो • नए शब्द बनाएँ
4.	May 16-28		9	वचन बदलो किसने कहा	खेल विधि खेल विधि	• अपने शरीर के अंगों के नाम में वचन पहचानिए • नए शब्द बनाएँ
UNIT 1 EXAMINATION – 2 nd WEEK OF JULY 2025						
5.	July 1-15		5	टोरा और बोज़ो सयुक्ताक्षर शब्द	संवादात्मक विधि नियत कार्य विधि	• कुत्ते का चित्र बनाकर रंग भरो • नए शब्द बनाएँ
6.	July 16-30		10	मैं हूँ हाथी किसने किससे कहा	कहानी विधि	• हाथी का चित्र बनाकर रंग भरिए
7.	August 1-15		8	लिंग बदलो बाँधूंगा दीदी को राखी (कविता)	तार्किक विधि गीतात्मक विधि	• स्त्रीलिंग शब्दों पर गोला लगाओ • राखी बनाकर अपनी बहन को पहनाएँ
8.	August 16-30		11	वचन बदलो (प्रथम सत्र से)	खेल विधि	• नए शब्द बनाएँ
9.	September 1-15		7	पुनरावृत्ति		
HALF YEARLY EXAMINATION – MID SEPTEMBER 2025						
10.	September 16-30		5	सरस्वती नन्हीं की होली	मुक्त अधिगम विधि	• पिचकारी बनाकर रंग भरो • वर्ग पहेली

				समान अर्थ वाले शब्द		<ul style="list-style-type: none"> अगर बाढ़ आ जाए तो आप क्या करेंगे? कक्षा में बताएँ
11.	October 1-15		8	दूर गगन का तारा (कविता)	लयात्मक विधि	<ul style="list-style-type: none"> चाँद को सही आकार की परछाई से मिलाएँ
12.	October 16-31		8	सयुक्ताक्षर शब्द	नियत कार्य विधि	<ul style="list-style-type: none"> नए शब्द बनाएँ
13.	November 1-15		10	पाँच वाक्य	क्रियात्मक विधि	<ul style="list-style-type: none"> विषय पर वाक्य लिखो
14.	November 16-30		10	पुनरावृत्ति		

UNIT 2 EXAMINATION – 1st WEEK OF DECEMBER 2025

15.	December 1-15		7	शेर आया	ऐतिहासिक विधि	<ul style="list-style-type: none"> • शब्द सीढ़ी
16.	December 16-31		10	रेलगाड़ी की कहानी	प्रेरक प्रेरणा कथा विधि	<ul style="list-style-type: none"> • बिन्दुओं को मिलाकर रेल का इंजन बनाएँ और रंग भरें
17.	January 1-15		5	मेहनती चींटी (कविता)	गीतात्मक विधि	<ul style="list-style-type: none"> • अपनी उँगली रंग में डुबायें और चींटी बनाएँ
18.	January 16-31		10	खिलौने वाला(वाचन) सात वाक्य	प्रेरणात्मक विधि क्रियात्मक विधि	<ul style="list-style-type: none"> • अपने मनपसंद खिलौने का चित्र बनाएँ • विषय पर वाक्य लिखो
19.	February 1-10			विलोम शब्द सयुक्ताक्षर शब्द समान अर्थ वाले शब्द (द्वितीय सत्र से)	खेल विधि नियत कार्य विधि	<ul style="list-style-type: none"> • वर्ग पहेली • नए शब्द बनाएँ

ANNUAL EXAMINATION – MID FEBRUARY 2026

SUBJECT: GENERAL AWARENESS
TEXTBOOK: FLOWERS & FLOWERS WORKSHEET

S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/OTHER ACTIVITIES
1.	April 3-15		6	Lesson 1 Our Wonderful Body	Storytelling Method Value Based	Video making Stretching exercise WORKSHEET PAGE-63 AND 64
2.	April 16-30		6	Lesson 2 Food for Us	Explanatory Method Value Based	Fruit ChaatActivity Pg 137- Puzzle WORKSHEET PAGE-65 AND 66
3.	May 1-15		6	Lesson 3 Clothes for Us	Demonstration Method Activity based Multimedia	Pg 142- Q.F Collect different photos of family members wearing traditional dresses. WORKSHEET PAGE-67 AND 68
4.	May 16-25		6	Lesson 4 We Need Shelter	Activity based Use of Multimedia	Game- Create a house using blocks Pg 148- Puzzle Q.H WORKSHEET PAGE-69 AND 70
UNIT TEST 1 JULY 2025						
5.	July 1-15		3	Project work	Play-way	-
6.	July 16-31		6	Lesson 5 I Love My School	Demonstration method Activity based	Field trip WORKSHEET PAGE-71 AND 72

15.	December 1-15 December		3	Project Work	Play Way method	
16.	December 16-31 December		6	Lesson 5 Seasons	Storytelling method	Pg 185 Word puzzle WORKSHEET PAGE- 87 AND 88
17.	January 9-15 January		3	Lesson 6 Pollution	Activity Explanatory Method	Q. HPg 192 POSTER MAKING WORKSHEET PAGE- 89 AND 90
18.	January 16-31 January		6	Lesson 7 How We Travel	Play-way Method	Q. FPg 197 Cut out of your favourite vehicle WORKSHEET PAGE – 91 AND 92
19.	February 1-15 February		6	Lesson 8 Be Safe	Activity Use of Multimedia	Making a First Aid box Q. E Pg 202 Make a traffic light. WORKSHEET PAGE – 93 AND 94
ANNUAL EXAMINATION –February 2026						

**SUBJECT: COMPUTER
BOOK: IT PLANET-2**

S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/OTHER ACTIVITIES
1.	April		4	1. Computer- Its Types 2. Introduction to Tux Typing	Concept Based Interactive and participative learning	1. Identify input, process and output in the given examples. 2. Practice typing letters in Tux Typing
2.	May		3	1. Computer- Its Types 2. Practice typing in Tux Typing	Research Based Learning by Observation and Usage	1. Encircle the correct pictures for the given computer type. 2. Practice typing letters and numbers in Tux Typing.
3.	July		4	1. Man versus Computer 2. Introduction to Tux Paint	Visualisation Based Interactive Learning	1. Colour the bubbles related to computer. 2. Practice drawing with Magic tool and Stamp tool in Tux Paint
4.	August		4	1. Computer- At Various Places 2. Practice of Tux Paint software	Research Based Learning by Observation	1.Paste the pictures of uses of computer at different places.
5.	September		2	Revision	Enquiry based	An oral/ written revision covering the term syllabus
6.	October		3	1. The Monitor 2. Drawing in Tux Paint	Visualisation based Learning by Doing	1. Identify the different types of monitors in the given pictures. 2. Practice the usage of Magic tool and Shapes in Tux Paint.
7.	November		4	1. Computer Devices 2. Drawing in Tux Paint	Technology based	1. Solve the crossword puzzle with the help of pictures. 2. Learn to save a drawing in Tux Paint

8.	December		4	Computer Devices	Technology based	1. Draw a jungle scene and Christmas scene in Tux Paint.
9.	January		3	Keyboard - Its Keys	Research based creative learning	Solve the given puzzle with the help of given clues.
10.	February		2	Revision	Enquiry based	An oral/ written revision covering the term syllabus

CLASS 2 GENERAL KNOWLEDGE FORTNIGHTLY SYLLABUS 2025-26

BOOK – KNOW – IT ALL KIDS

S. NO	DURATION	CHAPTER /TOPIC	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY (LEARNER CENTERD)	ART INTEGRATED/ OTHER ACTIVITIES
SEMESTER 1						
1.	April 3 - April 15		2	Lesson 1 My House	Interactive Quiz Method	Paste 5 pictures of essential items you see in your study room and name them.
2.	April 16 - April 30		2	Lesson 2 Tools in my House	Activity Method	Write the names of tools on pages 9 & 10
3.	May 1- May 15		2	Lesson 3 My Helping Machines	Observation Method	Observe a few home appliances and discuss their uses with your parents.
4.	May 16 - May 25		2	Lesson 4 My Vital Organs	Brainstorming Method	Paste the picture of a human body and mark 3 vital organs.
5	July 1 - July 15		2	Revision of Lessons	Practice Worksheets	Revision
UNIT 1 EXAMINATION - 2nd WEEK OF JULY 2025						
6.	July 16 - July 31		2	Lesson 6 My Biological Enemies	Discussion & Role Play Method	Solve the puzzle on page 22
7.	August 1- August 15		2	Lesson 7 My Proteins	Activity Based Method	Paste 3 pictures each of plant & animal proteins and name them.
8.	August 16- August 31		2	Lesson 8 Dry Fruits	Discussion & Value Based Interaction	Bring your favourite dry fruits for lunch.
9.	September 1- September 15		2	Lesson 9 Nature's Laboratory – The Plant + Revision of Lessons	Explanatory Method	Let's identify the parts of a plant on page 29.
HALF YEARLY EXAMINATION - MID SEPTEMBER 2025						
SEMESTER 2						

SUBJECT: VALUE EDUCATION BOOK: RIGHT IS RIGHT						
S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGRATED/OTHER ACTIVITIES
1.	April 3-15		2	Lesson 1 Talking to God	Discussion Method	Show the different times you pray every day (Page 7).
2.	April 16-30		2	Lesson 2 Our Duties at Home	Explanatory Method	Draw/paste any 2 pictures of yourself helping your parents.
3.	May 1-15		2	Lesson 3 Using God's Gifts	Discussion Method	Make a Thank You card (Page 11)
4.	May 16-28		2	Revision of Lessons- 1 ,2	Value Based Method	Colour the pictures of fruits (Page 15)
5.	JULY 1-15		2	Revision of Lessons – 1, 2 & 3	Enquiry Method	Worksheets
UNIT 1 EXAMINATION - 2 nd WEEK OF JULY 2025						
6.	JULY 16-30		2	Lesson 4 <u>Healthy Food Habits</u>	Discussion Method	Activity (Page 15)
7.	AUGUST 1-15		2	Lesson 5 <u>Keeping Clean</u>	Value Based Method	Name 5 things to keep yourself cool
8.	AUGUST 16-30		2	Lesson 6 Our Helpers	Use of Multimedia	Worksheets
9.	SEPTEMBER 1-15		2	Revision of Lessons - 4, 5 & 6	Use of Multimedia	Worksheets
HALF YEARLY EXAMINATION - MID SEPTEMBER 2025						
10.	SEPTEMBER 16-30		2	Lesson 7 Sharing is Joy	Activity Based Method	Worksheets
11.	OCTOBER 1-15		2	Lesson 8 Our Teachers	Play Way Method	Prepare a Teacher's Day Card (Page 27)

SUBJECT: ART BOOK: Creations						
S. NO.	DURATION	CHAPTER/ TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGATED/ OTHER ACTIVITIES
1.	April		8	Drawings with Natural shapes/ Page – 7 and 10 in Creations	Observation based Creativity based	1. Leaf printingPasting: Use dry leaves of different shapes to make scenery. 2. Observe different shapes of tree leaves and try to make in drawings file.
2.	May		8	Spring Art/ Page – 11 and 13in Creations	Explanation based Observation based	1. Draw different type of flowers to create spring scene and use ear bud for coloring. 2. Discuss about the different type of flowers and write their name.
3.	July		8	Fruits and Vegetables basket/ Page - 14 and 15in Creations	Discussion based Creativity based	1. Kids will draw their favorite fruits and vegetables in the basketand then they will color all. 2. discuss about the fruits and vegetables and write their name and benefits.
4.	August		8	Rakhi Making and Independence Day drawing/ Page – 19and 20 in Creations	Observation based Creativity based	1. With the help of cut outs make nice Rakhi and decorate it to make it attractive. 2. Make tricolour kite on drawing sheet and decorate it.
5.	September		8	Water World Teachers Day Activity/ Page – 21and 25 in Creations	Explanation based Observation based	1. Use colorful clay to make small fishes arrange it on sheet and color the background. 2. Make beautiful card for teachers and decorate it.
6.	October		8	Dussehra and Diwali activity/ Page – 27 and 30 in Creations	Project based Creativity based	1. With the help of colored sheets make decorative things. 2. Make one nice Diwali Scene and decorate it.

7.	November		8	Abstract art with different shapes/ Page – 32and 39in Creations	Discussion based Creativity based	1. Use different shapes to make abstract Composition. and fill color nicely. 2. Discuss about different type of shapes and with the help of coloured paper make abstract with shapes.
8.	December		8	Christmas Composition and activity/ Page – 43and 47 in Creations	Observation based Creativity based	1. Take one sheet draw Christmas Composition on it then colour it and decorate it 2. With the help of thick paper make 3D Christmas tree and decorate it.
9.	January		8	Garden Scene/ Page – 45and 45 in Creations.	Discussion based Observation based	1. Make nice Garden scene with different type of flowers with proper background. 2. Make paper flower with colourful paper and arrange it on sheet.
10.	February		8	Collage with waste material/ Page – 41and 48 in Creations	Observation based Creativity based	1. Use waste material like buttons, pencil etc. to decorate art work. 2. Discuss about reuse, recycle and make poster on it.

SUBJECT : GAMES

MONTH	TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY	ACTIVITY
April/May	13	Warming up Exercisese. Jogging Arm Rotation Shoulder Rotation Wrist Rotation Body weight squats Cobra pose Banded row Recreational activity	Observation based Practical based. Explanation and Demonstration method	To warm-up the body 2mints Jogging, 2 mints jumping (on the spot). Exercises..Arm ,Neck, shoulder, Waist, legs.dog on the pond, fire in the mountain, fun games etc.
July	9	Skipping Rope Basic jump(Demonstration/prac tice without rope/single jump) Two foot jump.	Explanation and Demonstration method Practice based method	Fundamental skills of skipping Rope Learn with practice
August	8	<u>BMI</u> Height Weight Benefits of BMI Soccer basics(kicking)	Explanation method Demonstration method	Calcuation of BMI <u>Body weight</u> Height xHeight Observe and practice every day physical Exercises to keep your mind and body fit.
September	9	A to Z Workout for kids Arm circle (Aligator) Bear crawl Crab walk(cat) Duck walk (donkey kicks)etc.	Explanation method, Demonstration method Practice based skills	Learning the physical workout according to the latters and make their health good
October	9	60 mtr Race Running techniques Arm movements Foot placement	Explanation method Demonstration method	Learning the Fundamental skills of Running and fun games

		Posture Fun games Fire on the mountain Dog on bone	Practice the skills	
November	8	Intersection Activity Race Balloon Activity	Explanation and Practice based method	Learning the competitive skills and sportsmanship
December	8	Badminton Grip Stance Foot work Long service/under arm Shadow practice	Eplanation and Demonstration method	Learning the Basic fundamental skills of game And knowledge of game.
January	8	Races	Practice based. Creativity Based Evaluation based	Practice the different formats of races under proper guidance to make their body flexible and fit.
Februry/ March	8	Meditation and practice of Breathing exercises	Practice based Observation based	Practice breathing exercise Anulom-Vilom, Kapalbhati.Try to practice only in the morning till20 minutes. To keep their lungs fit and healthy practice and learn inhale and exhale of breathing exercise.

MUSIC SYLLABUS

DURATION	NO. OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY	ACTIVITY
April - May	8	1. Prayer Song- Praise him 2. Action Songs – I’m so happy, I might be small	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
July – August	8	1. Prayer Song - Showers of Blessings 2. Action Song - Everyday I go to school 3. All things bright and beautiful 4. National Song	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing, Group Activities
September – October	8	1. School Anthem 2. Prayer Song - Tu hi data 3. Bind us together	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
November – December	8	1. School Anthem 2. Love the lord 3. Christmas Carols	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing, Group Activities
January - February	8	1. School Anthem 2. National Anthem 3. Prayer Songs - We shall overcome , Everything I am 4. Folk Songs	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Group Activities

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

DANCE SYLLABUS

MONTH	NO. OF TEACHING PERIODS	SYLLABUS	PEDAGOGY	ART INTEGRATED ACTIVITY
April – July	10	Warm up dance exercises - Arm Movement - Waist Movement - Leg Movement - Neck Movement - Recapitulation of steps learnt Special Assemblies	Practice daily with counts	Children can select any rhythmic music and co-ordinate the dance exercises
August	4	Namaskar Guru Vandana Aerobics on Bollywood songs - first stanza	Narrate Guru Vandana and write it down	Use dance exercises probes like water bottles, elastic bands, gym balls, balls to combine with steps
September – October	6	Bollywood songs Stanza 2 Recapitulation of all the steps learnt with counting and music/songs	Wear traditional costume	This is the month of festivals. Children can perform during these days.
November	4	Free style dance	Watch YouTube videos and perform	Practice dance steps with counts and music
December – January	6	Free style dance (Continued)	Watch videos of famous dancers	Practice the dance with music
February	4	Folk based Bollywood Dance	Wear any folk costume and practice dance steps	Combine their dance steps with folk dance probs like - Dandiya sticks, Matka, Manjeera

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.