

***CLASS -I***

***SYLLABUS***

***(2023-24)***

**ENGLISH SYLLABUS**  
**BOOKS FLOWERS (Part 1&2)**  
**THE GRAMMAR CONNECT**  
**FLOWERS WORKSHEETS**

| S.NO                                      | DURATION    | CHAPTER/ TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED   | PEDAGOGY (LEARNER CENTERED)        | ART INTERGRATED/ OTHER ACTIVITES                               |
|---|-------------|----------------|-------------------------|--|------------------------------------|--|
| <b>TERM - 1</b>                           |             |                |                         |  |                                    |  |
| 1.  | 1-15 April  |                | 10                      | L1- The Mango Tree   | Experiential Learning              | Join the dots -Pg-12   |
| 2.  | 16-30 April |                | 12                      | L2-Hoppity, Hop! Splash, Splash!<br>Poem- The Little Rabbit                          | Story Telling<br>Recitation Method | Flashcard- Rabbit  |
| 3.  | 1-15 May    |                | 11                      | Grammar Punctuation, Sentences   | Use of Multi-Media                 | Flowers Worksheets -Pg-3                                       |
| 4.  | 16-27May    |                | 12                      | Nouns, Alphabets, Vowels , Consonants  | Play-way                           | Game-Noun Hunt<br>Flowers Worksheets -Pg-7 , 10                |
| 5.  | 1-7 July    |                | 5                       | He / She (Change the gender)   | Questionnaire                      | Flash Cards  |
| <b>UNIT TEST-1 ( SECOND WEEK OF JULY)</b> |             |                |                         |  |                                    |  |
| 6.  | 16-31July   |                | 12                      | L-3 Happy Birthday,<br><br>Grammar<br>Opposites,<br>This/That/These/Those, Is/Are/Am | Hands on learning                  | Birthday Card Making<br><br>Flowers Worksheets -Pg- 10, 26, 11 |

|  |           |  |    |   |   |  |
|--|-----------|--|----|---|---|--|
| 7.   | 1-15 Aug  |  | 9  | L-4 Bobby and Robby,<br>Grammar Has/Have, Pairing, words  | Story Telling Method                      | Making a fruit Chaat<br>Flowers Worksheets -Pg- 15                       |
| 8.   | 16-31Aug  |  | 12 | Vowels,<br>Poem-My Garden                                 | Demonstration Field Trip                  | Bird Watching  |
| 9.   | 1-15 Sep  |  | 6  | Pronoun   | Drill and Practice                        | Underline the Pronoun  |
| <b>HALF YEARLY EXAMS (MID SEPTEMBER)</b>                 |           |  |    |   |   |  |
| <b>TERM - 2</b>  |           |  |    |   |   |  |
| 10.  | 24-30 Sep |  | 5  | L-1 Arun and Tara,<br>Grammar Position Words              | Story Telling                             | Puzzle (pg5),<br>Hide and seek<br>Flowers Worksheets -Pg- 19             |
| 11.  | 1-15 Oct  |  | 9  | L-2 What does the Prince Want?                            | Questionnaire method                      | Riddle (pg23), Puzzle (pg25)   |
| 12.  | 16-31 Oct |  | 10 | Poem- Mice are Nice<br>Grammar Rhyming, Words             | Recitation<br>Play-way Method             | Sound Game<br>Flowers Worksheets -Pg- 22,26                              |
| 13.  | 1-15 Nov  |  | 11 | Verbs   | Drill and Practice                        | Simon Says, Word search grid<br>Flowers Worksheets -Pg- 23               |
| 14.  | 16-30 Nov |  | 12 | Conjunctions  | Play way                                  | Word Ladder  |
| 15.  | 7-15 Dec  |  | 6  | One and Many  | Play way Method                           | Board Game-Using Classroom objects                                       |
| <b>2<sup>ND</sup> UNIT TEST( FIRST WEEK OF DECEMBER)</b> |           |  |    |   |   |  |
| 16.  | 16-31 Dec |  | 12 | L-3 Clever Fred,<br>Grammar Articles<br>(A/AN), Opposites | Questionnaire Method<br>Use of Multimedia | Puzzle (pg26), Enactment,<br>Finger Puppet<br>Flowers Worksheets -Pg- 27 |

|            |                                |  |    |  |   |  |
|------------|--------------------------------|--|----|--|---|--|
| <b>17.</b> | 8-15 Jan<br>(1-7 Winter Break) |  |    | L-4 Free and Happy                             | Group Discussion                              | Feed the Birds,<br>Speak two sentences about the way in which you take care of pet animals                                   |
| <b>18.</b> | 16-31 Jan                      |  | 11 | L-5 Dear Animal Day,<br><br>Grammar Adjectives | Technology Integration<br><br>Play-way Method | Mask Making,<br><br>Make a flower with the help of origami sheets and write 4 adjectives<br><br>Flowers Worksheets -Pg28, 35 |
| <b>19.</b> | 1-10 Feb                       |  | 11 | Poem- I Use My Brain                           | Recitation Method                             | Video Recording  |

**FINAL EXAMS ( LAST WEEK OF FEBRUARY)**

## MATHEMATICS SYLLABUS

| FORTNIGHTLY SYLLABUS                                    |                         |                |                         |   |  |   |
|---|-------------------------|----------------|-------------------------|---|--|---|
| SUBJECT: MATHS  |                         |                | CLASS: I                |   | BOOKS: Flowers- an integrated course in Literacy and Numeracy<br>Part- 1 and 2 |   |
| S.NO.   | DURATION                | CHAPTER/ TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED                                  | PEDAGOGY (LEARNER CENTERED)  | ART INTEGRATED/ OTHER ACTIVITIES  |
| <b>Term-1</b>   |                         |                |                         |   |  |   |
| 1.  | APRIL 1– APRIL 15       |                | 10                      | Pre Number Concepts (Revision)                    | Play- way method   | RapidFireBook-Page3(In The Park)  |
| 2.  | APRIL 16 – APRIL 30     |                | 12                      | Lesson–1<br>Numbers Upto 50                       | Explanatory method   | Match with Number Names(Worksheet)<br><br>Rapid Fire Book-Page 6 and 7  |
| 3.  | MAY 1 – MAY 15          |                | 11                      | Lesson–1<br>Numbers Upto 50                       | Experiential Learning  | Abacus with indis (Worksheet)<br><br>Flowers Worksheets<br>Pg. No. – 37 and 38  |
| 4.  | MAY 16 – MAY 27         |                | 12                      | Lesson–1<br>NumbersUpto 50<br><br><b>Revision</b> | Play – way method  | Flash Cards for 1-20(Page77)<br>Rapid Fire Book-Page 8, 9, 10, 11 and 12  |
| <b>UNIT TEST-1<br/>2<sup>nd</sup> WEEK OF JULY 2023</b> |                         |                |                         |   |  |   |
| 5   | JULY 1 – JULY 15        |                | 5                       | Lesson–4<br>Numbers upto100                       | Experiential Learning  | Makingbundleof10<br><br>Rapid Fire Book-Page 44 to 48<br><br>Flowers Worksheets<br>Pg. No. – 43 and 44                    |
| 6.  | JULY 16 – JULY 31       |                | 12                      | Lesson -2<br>Addition upto10                      | Activity method  | Addition Table of 1 (Worksheet)<br><br>Rapid Fire Book-Page 13,14 and 15<br><br>Flowers Worksheets<br>Pg. No. – 39 and 40 |
| 7.  | AUGUST 1 –<br>AUGUST 15 |                | 9                       | Lesson-2<br>Addition upto 10                      | Value Based  | Page–85 Values<br><br>Rapid Fire Book-Page 16, 17 and 18  |

|   |                                |  |    |   |  |   |
|---|--------------------------------|--|----|---|--|---|
| 8.  | AUGUST 16 –<br>AUGUST 31       |  | 12 | Lesson-3<br>Subtraction upto10  | Value Based                                    | Page-93Values<br>Rapid Fire Book-Page 19 to 23  |
| 9.  | SEPTEMBER 1 –<br>SEPTEMBER 15  |  | 6  | Lesson- 3<br>Subtraction upto 10<br><br><b>Revision</b><br><br>Lesson-1<br>Numbers upto50 | Use of Multimedia                              | Addition and Subtraction Videos<br><br>Flowers Worksheets<br>Pg. No. – 41 and 42<br><br>Rapid Fire Book-Page 34 to 38 |
| <b>HALF – YEARLY EXAMINATION<br/>MID SEPTEMBER 2023</b>     |                                |  |    |   |  |   |
| <b>Term-2</b>   |                                |  |    |   |  |   |
| 10.   | SEPTEMBER 16 –<br>SEPTEMBER 30 |  | 5  | Lesson– 1<br>Addition and<br>Subtraction upto100  | Experiential<br>Learning                       | Page-84<br>A number Grid<br><br>Rapid Fire Book-Page 49 to 53   |
| 11.   | OCTOBER 1 –<br>OCTOBER 15      |  | 9  | Lesson–1<br>Addition and<br>Subtraction upto100   | Experiential<br>Learning                       | Page–84 Values<br><br>Flowers Worksheets<br>Pg. No. – 45 and 46   |
| 12.   | OCTOBER 16 –<br>OCTOBER 31     |  | 10 | Lesson–3<br>Time and Money  | Observation<br>Method                          | Draw clocks and show the given time.<br><br>Flowers Worksheets<br>Pg. No. – 49 and 50                                 |
| 13.   | NOVEMBER 1 –<br>NOVEMBER 15    |  | 11 | Lesson–3<br>Time and Money<br><br>Lesson– 6<br>Data Handling<br>(Activity)                | Observation<br>Method<br><br>Activity<br>Based | Counting Money<br><br>Flowers Worksheets<br>Pg. No. – 55 and 56   |
| 14.   | NOVEMBER 16-<br>NOVEMBER 30    |  | 12 | <b>Revision</b><br><br>Lesson – 5<br>Shapes and Patterns<br>(Activity)                    | Discussion<br>Method<br><br>Activity<br>Method | Rapid Fire Book-Page 58 to 65<br><br>Flowers Worksheets<br>Pg. No. – 53 and 54  |
| <b>UNIT TEST- 2<br/>1<sup>st</sup> WEEK OF DECEMBER2023</b> |                                |  |    |   |  |   |

|     |                              |  |    |  |                          |  |
|-----|------------------------------|--|----|--|--------------------------|--|
| 15. | DECEMBER 1 –<br>DECEMBER 15  |  | 6  | Lesson– 2<br>Multiplication                        | Experiential<br>Learning | Tables   |
| 16. | DECEMBER 16 –<br>DECEMBER 31 |  | 12 | Lesson – 2<br>Multiplication                       | Explanatory<br>Method    | Page–98 Values<br><br>Flowers Worksheets<br>Pg. No. – 47 and 48            |
| 17. | JANUARY 1-<br>JANUARY 15     |  | 6  | Lesson – 4<br>Measurement                          | Observation<br>Method    | Page–113Values<br><br>Flowers Worksheets<br>Pg. No. – 51 and 52            |
| 18. | JANUARY 16 –<br>JANUARY 31   |  | 11 | Lesson – 4<br>Measurement                          | Demonstrative<br>Method  | Finding capacity of different objects<br><br>Rapid Fire Book-Page 40 to 43 |
| 19. | FEBRUARY 1-<br>FEBRUARY 15   |  | 11 | <b>Revision</b><br><br>Lesson -3<br>Time and Money | Discussion<br>Method     | Worksheets<br>Rapid Fire Book-Page 54 to 57                                |

**ANNUAL EXAMINATION  
LAST WEEK OF FEBRUARY 2024**

**SUBJECT: General Awareness**

**BOOKS**  
**FLOWERS (Part 1&2)**  
**FLOWERS WORKSHEETS**

| S.NO. | DURATION    | CHAPTER/ TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED  | PEDAGOGY              | ART INTEGRATED/ OTHER ACTIVITIES   |
|-------|-------------|----------------|-------------------------|---|-----------------------|--|
| 1.    | 1-15 APRIL  | -              | 6                       | Lesson-1<br>My Body   | Demonstration Method  | Enjoy the action song<br>Head and Shoulders, Knees and Toes  |
| 2.    | 16-30 APRIL | -              | 6                       | Lesson-1<br>My Body<br><br>Lesson-2<br>The Food We Eat        | Experiential Learning | Close your eyes and point out the body parts and sense organs<br>Flowers Worksheets Pg-57,58<br><br>Sandwich Making (Saturday)<br>Flowers Worksheets Pg- 59,60 |
| 3.    | 1-15 MAY    | -              | 6                       | Lesson-4<br>Clean, Fit and Healthy<br>(Activity)              | Project Based         | Paste pictures of things that help us to stay clean and healthy.<br><br>Flowers Worksheets Pg-63,64  |
| 4.    | 16-27 MAY   | -              | 6                       | Lesson-3<br>The Clothes We Wear<br>(Activity)<br><br>Revision | Play-way Method       | Bring a pair of t-shirt and jeans and learn how to fold the clothes.<br><br>Flowers Worksheets Pg-61,62  |



|   |                |   |   |  |                       |   |
|---|----------------|---|---|--|-----------------------|---|
| 5.  | 1-7JULY        | - | 6 | Revision<br>Lesson-5<br>I Love My Family                               | Use of multimedia     | Family Song<br><br><a href="https://youtu.be/oW5muGdzNIE">https://youtu.be/oW5muGdzNIE</a>                                |
| <b>UNIT TEST -1 ( 2<sup>ND</sup> WEEK OF JULY )</b> |                |   |   |  |                       |   |
| 6.  | 16-31 JULY     | - | 6 | Lesson-5<br>I Love My Family   | Project based         | Draw a family tree and paste pictures of your family members.<br><br>Flowers Worksheets Pg-65,66                          |
| 7.  | 1-15 AUGUST    | - | 6 | Lesson-6<br>Home Sweet Home  | Group Discussion      | THINKING TIME<br><br>What will you do to make your home a more loving place?<br><br>Flowers Worksheets Pg-67,68           |
| 8.  | 16-31 AUGUST   | - | 6 | Lesson-6<br>Home Sweet Home<br><br>Lesson-7<br>My School<br>(Activity) | Experiential Learning | Arrange the things found in different rooms(Worksheet)<br><br>Field Trip of the school<br><br>Flowers Worksheets Pg-69,70 |
| 9.  | 1-15 SEPTEMBER | - | 6 | Lesson-8<br>Let's Celebrate (Activity)<br><br>Revision                 | Project based         | Draw and colour the scene of your favourite festival.<br><br>Flowers Worksheets Pg-71,72                                  |
| <b>HALF YEARLY EXAMS (MID SEPTEMBER )</b>           |                |   |   |  |                       |   |

|   |                 |   |   |  |   |   |
|---|-----------------|---|---|--|---|---|
| 10.   | 16-30 SEPTEMBER | - | 6 | Lesson-5<br>We Need Air  | Experiential<br>Learning                      | Paste pictures of things that can be filled with air.   |
| 11.   | 1-15 OCTOBER    | - | 6 | Lesson-5<br>We Need Air  | Group Discussion                              | THINKING TIME<br><br>Is it good to burst crackers or burn paper or leaves for fun?<br><br>Flowers Worksheets Pg-81,82                         |
| 12.   | 16-31 OCTOBER   | - | 6 | Lesson-6<br>We Need Water  | Experiential<br>Learning                      | Let us learn how to wash hands.<br><br>Flowers Worksheets Pg-83,84  |
| 13.   | 1-15 NOVEMBER   | - | 6 | Lesson-6<br>We Need Water<br><br>Lesson-2<br>People at Work (Activity) | Use of Multimedia<br><br>Recitation<br>Method | <a href="https://youtu.be/4vdweprvtGM">https://youtu.be/4vdweprvtGM</a><br><br>Recite the poem on Page-139<br><br>Flowers Worksheets Pg-75,76 |
| 14.   | 16-30 NOVEMBER  | - | 6 | Lesson-1<br>My Neighbourhood (Activity)<br><br>Revision                | Play-way Method                               | Name 2-3 friends that live in your neighbourhood.<br><br>Flowers Worksheets Pg-73,74  |
| 15.   | 8 – 15 DECEMBER | - | 6 | Revision<br><br>Lesson-3<br>The World of Animals                       | Observation<br>Method                         | Talk about your favourite animal- wild, domestic or farm.   |
| <b>2<sup>ND</sup> UNIT TEST (FIRST WEEK OF DECEMBER )</b> |                 |   |   |  |   |   |
| 16.   | 16-31 DECEMBER  | - | 6 | Lesson-3<br>The World of Animals                                       | Role Play                                     | RHYME TIME<br>Enjoy Old Mac Donald had a farm... with your classmates<br>Flowers Worksheets Pg-77,78  |

|     |               |   |   |   |                       |  |
|-----|---------------|---|---|---|-----------------------|--|
| 17. | 8-15 JANUARY  | - | 6 | Lesson-4<br>The World of Plants                         | Group Discussion      | THINKING TIME<br>➤ Should we pluck flowers and leaves?<br>What do the plants need to survive?            |
| 18. | 16-31 JANUARY | - | 6 | Lesson-4<br>The World of Plants                         | Experiential Learning | Plant a sapling at home, observe changes in the sapling for two weeks<br><br>Flowers Worksheets Pg-79,80 |
| 19. | 1-10 FEBRUARY | - | 6 | Lesson-8<br>Up in the Sky<br>(Activity)<br><br>Revision | Recitation Method     | Recite the poem on Page-169<br><br>Flowers Worksheets Pg-87,88   |

FINAL EXAMS (LAST WEEK OF FEBRUARY )

**GENERAL KNOWLEDGE**

| Book:G K Magic               |           |                |                         |   |  |  |
|------------------------------|-----------|----------------|-------------------------|---|--|--|
| Semester1                    |           |                |                         |   |  |  |
| S.No                         | Duration  | Chapter/ Topic | No. Of teaching periods | Syllabus covered  | Pedagogy (learner centered)  | Art integrated/other activities  |
| 1.                           | April     |                | 4                       | Page 4:I know my body<br>Page 5:I see, I hear<br>Page 6:brush right                         | Discussion based<br>Loud reading/ Individual reading               | Page17:funinthepark.<br>Look at the picture carefully. Name the things in the amusement park. Write the number of the activity in each circle. |
| 2.                           | May       |                | 4                       | Page 7:The food we eat<br>Page 8:Where do they grow?<br>Page 9:table manners                | Discussion based<br>Value based activity based<br>Technology based | Draw, color and label your favorite fruit on a sheet.  |
| 3.                           | July      |                | 4                       | Page 10:What should in pack?<br>Page11:Who wears what?<br>Page 12: Do it Right              | Storytelling<br>Asking/answering questions<br>Multimedia           | Word search<br>Page18:it'sasix   |
| 4.                           | August    |                | 4                       | Page 13 We live here<br>Page 14Rooms in my house<br>Page 16:I like you                      | Storytelling<br>Multimedia   | Page 19: Be my friend<br>Talk about friends  |
| 5                            | September |                | 2                       | Page 35 -36<br>Test paper1  | Discussion   | Revision   |
| Semester1Exam– Mid September |           |                |                         |   |  |  |
| Semester 2                   |           |                |                         |   |  |  |
| 6                            | October   |                | 4                       | Page 20:Off I Go<br>Page 21:My Bicycle<br>Page 22:Land, Air or water<br>Page 23:Riding safe | Discussion based<br>Value based<br>Research based                  | Paper folding :Making a paper boat   |

|    |          |  |   |   |  |   |
|----|----------|--|---|---|--|---|
| 7  | November |  | 4 | Page 26: Festival is fun<br>Page 27 Fun time<br>Page 28: What do I buy? | Creative expression<br>Multimedia based            | Page 25: So many colors- mix two colors to make a new.                |
| 8  | December |  | 4 | Page 29 Waterwise!<br>Page 30: The water world                          | Discussion method<br>Multimedia                    | Page 24: colour puzzle<br>Read the clues to fill in the colour names. |
| 9  | January  |  | 4 | Page 32 The changing sky<br>Page 33 Asky quiz                           | Discussion method<br>Multimedia practice worksheet | Page 34: think hard!  |
| 10 | February |  | 2 | Page 37-38<br>Test paper 2  | Practice worksheet                                 | Revision  |

Annual exams from Last week of February

## Value Education

### Book– Right is right (Class D)

| S.No.                                   | Duration                    | Chapter/ Topic | No. of teaching periods | Syllabus covered                         | Pedagogy (Learner Centered) | Art integrated/ Other Activities  |
|---|-----------------------------|----------------|-------------------------|--|-----------------------------|---|
| 1                                       | 1 April –15 April           | -              | 2                       | What is prayer?                          | Art integrated              | Write a short prayer.   |
| 2                                       | 15 April –30 April          | -              | 2                       | My Family                                | Discussion Method           | Make a family tree.   |
| 3                                       | 1 May – 15 May              | -              | 2                       | God Knows Everything                     | Art integrated              | Draw two things God has given you.  |
| 4                                       | 16 May –27 May              | -              | 2                       | Parents are God’s Gift                   | Play way Method             | Make a thank you card for your parents.                                       |
| 5                                       | 1 July – 15 July            | -              | 2                       | My Grandparents                          | Discussion Method           | Paste picture of your grandparents.   |
| 6                                       | 16 July – 31 July           | -              | 2                       | Learning Manners                         | Discussion Method           | Write two sentences on how we should treat our grandparents in practice copy. |
| 7                                       | 1 August –15 August         | -              | 2                       | Mummy Dearest                            | Art integrated              | Paste a childhood picture of your mother.                                     |
| 8                                       | 16 August –31 August        | -              | 2                       | Good Friends                             | Discussion Method           | Write two things you like doing with your friends.                            |
| 9                                       | 1 September – 15 September  | -              | 2                       | Good Habits at home +<br><b>Revision</b> | Experiential Method         | Clean your room   |
| <b>HALF YEARLY (MID SEPTEMBER 2023)</b> |                             |                |                         |  |                             |   |
| 10                                      | 16 September – 30 September | -              | 1                       | Good Manners in the Classroom            | Experiential Method         | Keep your classroom table clean.  |
| 11                                      | 1 October –15October        | -              | 2                       | Good Habits on the Road                  | Discussion Method           | Draw and colour a traffic light   |
| 12                                      | 16 October – 31October      | -              | 2                       | Cleanliness                              | Experiential Method         | Help your mother clean the kitchen  |
| 13                                      | 1 November – 15November     | -              | 2                       | Please, Sorry, Thank you                 | Activity Method             | Make a thank you card   |
| 14                                      | 16 November – 30November    | -              | 2                       | Courage                                  | Discussion Method           | Play the game ‘Truth or Dare’   |
| 15                                      | 1 December – 15December     | -              | 2                       | Sharing is Love                          | Experiential Method         | Share old toys/books with the needy children.                                 |
| 16                                      | 16 December – 31December    | -              | 2                       | Be kind to Animals                       | Experiential Method         | Feed the hungry birds   |
| 17                                      | 1 January – 15 January      | -              | 1                       | My Country                               | Activity Method             | Make your national Flag   |
| 18                                      | 15 January – 31 January     | -              | 2                       | My Country                               | Activity Method             | Make your national flower   |
| 19                                      | 1 February – 15 February    | -              | 2                       | <b>Revision</b>                          |                             |   |
| <b>ANNUALS</b>                          |                             |                |                         |  |                             |   |

## ART SYLLABUS

| S.NO | WEEK      | CHAPTER/TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED   | PEDAGOGY (LEARNER CENTERED)            | ART INTEGRATED/OTHER ACTIVITIES  |
|------|-----------|---------------|-------------------------|--|--|--|
| 1    | April     |               | 8                       | Drawings with geometrical shapes/<br>Page no.7 and 10 in Creations           | Observation based<br>Creativity based  | 1,PaperPasting:Cutcoloured paper in different shapes to make scenery.<br>2. Observe different shapes and try to make more drawings.                            |
| 2    | May       |               | 8                       | Vehicles Drawing./<br>Page no.11&13 in Creations                             | Explanation based<br>Observation based | 1.Draw any two transport and do thumb painting inside it<br>2. Discussion about traffic rules and signs with flash cards.                                      |
| 3    | July      |               | 8                       | Flowers Drawing/<br>Page no 15 and 18 in Creations                           | Discussion based<br>Creativity based   | 1.Draw any two flowers and do bindi pasting in it.<br>2. Paste pictures of any two flowers and colour the background.  |
| 4    | August    |               | 8                       | Rakhi Making and Independence day drawing/<br>Page no.20 and 21 in Creations | Observation based<br>Creativity based  | 1.Draw nice rakhi and decorate it to make it attractive.<br>2.Make national flag and do colours with ear bud.  |
| 5    | September |               | 8                       | Birds drawing<br>Teachers day activity/<br>Page no 24 and 25 in Creations    | Explanation based<br>Observation based | 1.Use colourful clay to make small birds.<br>2. Make one nice card for teachers with the help of paper folding.  |
| 6    | October   |               | 8                       | Festivals drawing/<br>Page no:27 and 30 in Creations                         | Project based<br>Creativity based      | 1.Colour and decorate diya with different decorative things.<br>2. With the help of cutouts make dangler for decoration.                                       |
| 7    | November  |               | 8                       | Children's day activity/<br>Page no:33 and 36 in Creations                   | Discussion based<br>Creativity based   | 1.Draw children's day scene and colour nicely.<br>2. Use red colour paper to make rose and paste in art file.  |
| 8    | December  |               | 8                       | Christmas card making/<br>Page no:38 and 43 in Creations                     | Observation based : creativity based   | 1.Take one sheet draw Christmas tree on it and fold to make card then colour it and decorate it.<br>2. Draw Santa clause and use cotton to make it attractive. |
| 9    | January   |               | 8                       | Republic day/<br>Page no:35 and 45 in Creations.                             | Discussion based<br>Observation based  | 1.Draw National flag with proper background.<br>2. Cut paper in kite shape and decorate it with tri-colour stone stickers.                                     |
| 10   | February  |               | 8                       | Collage making /<br>Page no:8 and 23 in Creations                            | Observation based<br>Creativity based  | 1.Use colourful papers to fill drawings done by students.<br>2. Make colourful flowers with the help of coloured paper to make spring scene                    |

**GAMES**

| <b>MONTHLY SYLLABUS</b> |                         |   |  |  |   |
|-------------------------|-------------------------|---|--|--|---|
| <b>SUBJECT: GAMES</b>   |                         | <b>CLASS - I</b>  |  |  |   |
| <b>MONTH</b>            | <b>TEACHING PERIODS</b> | <b>SYLLABUS COVERED</b>   | <b>PEDAGOGY</b>  | <b>PHYSICAL INTEGRATED ACTIVITY</b>  | <b>ACTIVITY</b>   |
| April                   | 6                       | Free movement exercises. Jogging on the spot, Jumping Warming-up Exercises. Introduction about sports and games, exercises<br>Recreational activity | Observation based Practical based                      | To warm-up the body 2mints Jogging, 2 mints jumping (on the spot). Exercises..Arm ,Neck, shoulder, Waist, legs.dog on the pond, fire in the mountain etc | Observe and practice every day physical Exercises to keep your mind and body fit.                                   |
| MAY                     | 6                       | Free Hand exercises Attention and Stand at Ease. Basic races  | Practical based Observation based                      | After 10 mints warm-up, hands up & down.<br>Practice to control breathing inhale and exhale.   | Demo about Free hand exercises and breathing.. inhale and exhale  |
| July                    | 8                       | Skipping Rope ( Basic skills of skipping rope)  | Demo based Practice based Observation based            | Take skipping Rope and adjust according to their height. wear shoes and slowly try to skip the rope with the jump and arm action                         | Observe and practice in the beginning one by one arm action and how to skip the rope.                               |
| August                  | 6                       | Shuttle-Run (50 yard), 60 mtr race, skipping race etc.  | Observation based Practical based                      | Take Two cones and put on the floor. distance should be according to your space. stand one side of the cone.   | Run in between the cones and touch each cone one by one (20-20 seconds. three sets)<br>increase speed and strength. |
| September               | 6                       | Surya Namaskar (Yoga)<br>Stretching exercises   | Explanation based Observation based.<br>Practice based | Take yoga mat and till 12 counts take a proper position and each posture should hold 5 seconds at least minimum 5 sets should be done                    | Till the 12 position of surya Namaskar learn how and when inhale and exhale the breath.                             |
| October                 | 4                       | Catch and Throw with Smiley ☺Ball   | Concentration based                                    | Take one Smiley ball and throw it towards the wall and catch it. till 20 mints practice continuously   | With the help of wall or any one of the family member do this activity. increase accuracy and concentration Power.  |



|          |   |  |  |   |  |
|----------|---|--|--|---|--|
| November | 8 | Fun Activity (Recreational activity)<br>Fun relays   | Entertainment based Creativity based   | Do any physical cum fun activity like Aerobics, dance ,hoopla with the music any game with music till 40 minutes.                           | Do this activity to make their body mentally, physically and spiritually fit. Relaxing their body.   |
| December | 8 | YOGA<br>( Miner Asanas)<br>Aerobics Activity   | Observation based . practical and practice based.<br>Flexibility Based<br>Recreational based | Take yoga Mat and practice Padma Asana,Tada Asana,Vajra Asana, Pashchimothan asana with proper breathing                                    | Demo all the Asanas by the teacher, and practice carefully all asana to make their body flexible and fit every day.  |
| January  | 6 | Meditation and practice of Breathing exercises<br>Internal Sports Day<br>Marching Competition<br>Fun Relay | Practice based Observation based<br>Evaluation based   | Practice breathing exercise....Alom-Vilom, kapal bhati. Try to practice only in the morning till 20 mints                                   | To keep their lungs fit and healthy practice and learn inhale and exhale of breathing exercise.  |
| February | 6 | Dribbling with the ball and small bat, Fun games, Recreational activity                                    | Practice and concentration based<br>Entertainment, and fun based                             | Use one small basketball for dribbling and one small bat and Smiley ball for with bat dribbling. practice every day 20 mints with accuracy. | With the help of teacher by demo learn how to dribbling with the Basket ball and Smiley ball with the small bat to increase concentration and accuracy and mind development. exercise for brain. |

### MUSIC SYLLABUS

| <b>DURATION</b>     | <b>NO,OF TEACHING PERIODS</b> | <b>SYLLABUS COVERED</b>   | <b>PEDAGOGY</b>   | <b>ACTIVITY</b>                    |
|---------------------|-------------------------------|---|---|------------------------------------|
| April - May         | 8                             | 1. . Prayer Songs- Praise him<br>2. Action Songs - I m so happy   | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing                       |
| July - August       | 8                             | 1. Prayer Songs - Showers of Blessings<br>2. Action Songs - Everyday I go to school<br>3. All things bright and beautiful | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing                       |
| September - October | 8                             | 1. School Anthem<br>2. Prayer Song - Tu hi data<br>3. Bind us together  | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Cultural Programme<br>Solo Singing |
| November - December | 8                             | 1. School Anthem<br>2. Christmas Carols   | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Solo Singing<br>Group Activities   |
| January - February  | 8                             | 1. School Anthem<br>2. National Anthem<br>3. Prayer Song - We shall overcome ,<br>Everything I am,<br>Folk Songs          | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Group Activities                   |

## DANCE SYLLABUS

| Month               | No of Teaching Periods | Syllabus   | Pedagogy                                       | Art Integrated Activity  |
|---------------------|------------------------|--|--|--|
| April - July        | 10                     | Warm up dance exercises<br>- Arm Movement<br>- Waist Movement<br>- Leg Movement<br>- Neck Movement<br>- Recapitulation of steps learnt<br>Special Assemblies | Practice daily with counts                     | Children can select any rhythmic music and co-ordinate the dance exercises                           |
| August              | 4                      | Namaskar<br>Guru Vandana<br>Aerobics on Bollywood songs - first stanza   | Narrate Guru Vandana and write it down         | Use dance exercises probes like water bottles, elastic bands, gym balls, balls to combine with steps |
| September - October | 6                      | Bollywood songs Stanza 2<br>Recapitulation of all the steps learnt with counting and music/songs   | Wear traditional costume                       | This is the month of festivals. Children can perform during these days.                              |
| November            | 4                      | Free style dance   | Watch YouTube videos and perform               | Practice dance steps with counts and music   |
| December - January  | 6                      | Free style dance (Continued)   | Watch videos of famous dancers                 | Practice the dance with music  |
| February            | 4                      | Folk based Bollywood Dance   | Wear any folk costume and practice dance steps | Combine their dance steps with folk dance probs like - Dandiya sticks, Matka, Manjeera               |

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

**CLASS 1 - HINDI FORTNIGHTLY SYLLABUS 2023-24****हिंदी पाठ्यपुस्तक - वृद्धि**

| क्रमांक   | काल                         | पाठ / विषय | शिक्षण अवधि | पाठ्यक्रम कला   | पूर्ति शिक्षार्थी केंद्रित शिक्षा शास्त्र | एकीकृत गतिविधि  |
|---|-----------------------------|------------|-------------|---|---|---|
| <b>SEMESTER 1</b>                                 |                             |            |             |   |   |   |
| 1   | APRIL 1 – APRIL 15          |            | 11          | अ मात्रा नहीं होती                                    | खेल विधि<br>परिचर्चा विधि                 | अ वर्ण से पीपल का पत्ता बनाकर रंग भरो   |
| 2   | APRIL 16 – APRIL 30         |            | 12          | अ मात्रा नहीं होती (क्रमशः)<br>आ की मात्रा            | उच्चारण विधि<br>अनुकरण विधि               | आ से बनने वाले फल एवं सब्जियों का सलाद  |
| 3   | MAY 1 – MAY 15              |            | 11          | आ की मात्रा (क्रमशः)<br>यातायात के साधन               | चित्र विधि<br>नियतकार्य विधि              | चित्र बनाकर उनके नाम लिखो   |
| 4   | MAY 16 – MAY 27             |            | 11          | सब्जियों के नाम<br>कविता - बादल आया                   | खेल विधि<br>लयात्मक विधि                  | छाते का चित्र बनाकर रंग भरो   |
| 5   | JULY 1 - JULY 15            |            | 6           | पुनरावृत्ति   | खोज विधि<br>चर्चा विधि                    | नाव का चित्र बनाकर रंग भरो  |
| <b>UNIT TEST 1</b>                                |                             |            |             |   |   |   |
| <b>2<sup>nd</sup> WEEK of JULY 2023</b>           |                             |            |             |   |   |   |
| 6   | JULY 16 – JULY 31           |            | 12          | इ की मात्रा<br>फलों के नाम                            | कहानी विधि<br>गीतात्मक विधि               | फल से बनने वाले व्यंजनों के नाम जानें और उन्हें अपनी आहार तालिका में शामिल करें |
| 7   | AUGUST 1 - AUGUST 15        |            | 11          | ई की मात्रा<br>रंगों के नाम                           | क्रियात्मक विधि                           | मछली का चित्र बनाकर रंग भरो   |
| 8   | AUGUST 16 – AUGUST 31       |            | 11          | उ की मात्रा<br>कविता - दिशा का गीत                    | संवादात्मक विधि<br>संगीतात्मक विधि        | उ वर्ण से सेब का चित्र बनाकर रंग भरो  |
| 9   | SEPTEMBER 1 - SEPTEMBER 15  |            | 6           | उ की मात्रा (क्रमशः)<br>पुनरावृत्ति + सब्जियों के नाम | विचार विमर्श विधि                         | इंद्रधनुष के रंगों के नाम जानें और चित्र में रंग भरो                            |
| <b>HALF-YEARLY EXAMINATION MID SEPTEMBER 2023</b> |                             |            |             |   |   |   |
| <b>SEMESTER 2</b>                                 |                             |            |             |   |   |   |
| 10  | SEPTEMBER 16 - SEPTEMBER 30 |            | 11          | ऊ की मात्रा   | चित्र विधि<br>वर्ग समूह विधि              | घर में पाई जाने वाली वस्तुएँ कक्षा में लाए और दिखाए                             |

|    |                              |  |    |  |                           |   |
|----|------------------------------|--|----|--|---------------------------|---|
| 11 | OCTOBER 1 –<br>OCTOBER 15    |  | 11 | ऊ की मात्रा<br>(क्रमशः)<br>ए की मात्रा | मुक्त अधिगम<br>विधि       | कागज़ की प्लेट से सूरज<br>बनाए                      |
| 12 | OCTOBER 16 -<br>OCTOBER 31   |  | 11 | ए की मात्रा<br>(क्रमशः)                | खेल विधि<br>परिचर्चा विधि | ए की मात्रा से बनने वाले वर्णों<br>की चाट बनाकर खाए |
| 13 | NOVEMBER 1 -<br>NOVEMBER 15  |  | 9  | ऐ की मात्रा<br>गिनती १ -१०             | संख्या गणना<br>लेखन विधि  | हाथ की उँगलियों पर संख्या<br>गिनने का अभ्यास करें   |
| 14 | NOVEMBER 16 -<br>NOVEMBER 30 |  | 11 | कविता -<br>दीवाली आई<br>पुनरावृत्ति    | गीतविधि                   | दिए गए शब्द का चित्र<br>बनाकर वाक्य लिखो            |

**2<sup>nd</sup> UNIT TEST**

**1<sup>st</sup> WEEK of DECEMBER 2023**

**ANNUAL EXAMINATION**

|    |                              |  |    |  |                    |  |
|----|------------------------------|--|----|--|--------------------|--|
| 15 | DECEMBER 1 -<br>DECEMBER 15  |  | 6  | ओ की मात्रा<br>स्त्रीलिंग पुल्लिंग                       | सतत अनुकरण<br>विधि | हाथ की छाप से मोर बनाए                                     |
| 16 | DECEMBER 16 -<br>DECEMBER 31 |  | 11 | ओ की मात्रा<br>(क्रमशः)<br>औ की मात्रा<br>जानवरों के नाम | अनुमानी विधि       | अपने मनपसंद खिलौने का<br>चित्र बनाकर रंग भरो               |
| 17 | JANUARY 8 -<br>JANUARY 15    |  | 6  | अं की मात्रा<br>उल्टे अर्थ वाले<br>शब्द                  | अनुस्वार विधि      | मम्मी की बिंदी वर्णों पर<br>लगाए                           |
| 18 | JANUARY 16 -<br>JANUARY 31   |  | 11 | अँ की मात्रा +<br>सप्ताह के दिन<br>कविता - हुआ<br>सवेरा  | अनुनासिक विधि      | रात के आकाश का चित्र<br>बनाकर उसमे चाँद बनाओ<br>और रंग भरो |
| 19 | FEBRUARY 1 -<br>FEBRUARY 15  |  | 11 | पुनरावृत्ति +<br>गिनती                                   | चर्चा विधि         | शब्द सीढ़ी   |

**ANNUAL EXAMINATION LAST WEEK of FEBRUARY 2024**