MONTFORTSCHOOL **Class 2 Syllabus** 2023-24





SUBJECT: English TEXTBOOK: Flowers & Flowers Worksheet **GRAMMAR: The Grammar Connect**

S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART
1.	April 1-15		7	<mark>Book-Flowers</mark> L-1:MaryandtheMouse <mark>Grammar</mark> Is/Am/Are	Story Telling Method Loud ReadingIndividualReading	Book-Flowers Complete th Flowers Wo
2.	April 16-30		10	Book-Flowers L-2: The Fly Grammar A/An/The	Play-wayMethod Discussion basedMethod	 KiteMaking Animalsound Page24 – Ca Flowers Wor Page6
3.	May 1-15		11	Book-The GrammarConnect L – 1: NamingWords L – 2: CommonNames and Special Names	DrillandPractice Method	 Noun – Hun Flowers Wor Page7 &14
4.	May 16-28		12	<mark>Book-Flowers</mark> Poem –AHouse <mark>Grammar</mark> One – Many	RecitationMethod PracticeWorksheet	• Tearingandl
		·	· ·	UNIT-1 EXAMI	NATION – 2 nd week of July	
5.	JULY 1-15		5	Book: TheGrammarConnect L – 19:Punctuation	DemonstrationMethod	Punctuateth Flowers Wor
	JULY			<mark>Book-Flowers</mark> L – 3: I Promise	Use of Multimedia Storytellingmethod	Page3 • Writealetter
6.	16-30		12	<mark>Grammar</mark> Opposites	Use of Multimedia	Flowers Wor Page26&30
7.	AUGUST 1-15		9	Book-Flowers L – 4:Helping and sharing	Play – wayMethod	Pg44 – Draw namesofthew und andwrit
8.	AUGUST 16-30		12	Book: TheGrammarConnect L – 10:DoingWords/Verbs	Use OfMultimedia	Simonsaysga Flowers Wor Page – 4 & 1
9.	SEPTEMBER 1-15		6	<mark>Book- Flowers</mark> Poem- The LittlePlant	Recitation Method	Draw,colour
				REVISION	PracticeWorksheets	
			1		AMINATION – Mid September	
10.	SEPTEMBER 16-30		5	<mark>Book-Flowers</mark> L – Christmas Song	Storytellingmethod	ChristmasCarol

F INTEGATED/OTHER ACTIVITIES

the picture – Page -12 Vorksheets-Page 10&11

ıg

undgame. Categorizetheanimals whichcanflyandcannotfly

orksheets

unt in the kitchen

orksheets

ndPastingActivity - AHouse

thegivenparagraph.Colourthespecialnames.

orksheets

ertoGod.

orksheets

awtwo baskets.Readthe evegetables that grow below the ground and above the group of the second secoritethenamesinthecorrect boxes.

sgame.

orksheets

:15

urandlabeldifferentpartsofaplant.

rolSinging

			Prepositions	Use of Multimedia	• Finger puppet
					Flowers Works Page 27
11.	OCTOBER 1-15	9	Book: TheGrammarConnect L – 20: Short Forms	Play – waymethod	 Maskmaking- Write or tell for
12.	OCTOBER 16-30	10	Book-Flowers L – 2:TheGolden Bucket <mark>Grammar</mark>	Storytellingmethod	Book-Flowers Pg28(Q.M)- Ju Flowers Works
13.	NOVEMBER	11	Change The Gender Book: TheGrammarConnect	ExplanatoryMethod	Page18 Worksheet-Un
14.	1-15 NOVEMBER 16-30	12	L – 5: Pronouns Book- Flowers Poem – TheSwing	Recitationmethod	Enactment Videomaking
			UNIT-2 EXAMINAT	ГІОN – 1 st week of December	¥
			Book: TheGrammarConnect	DrillandPractice	StickPuppetMa
15.	DECEMBER 1-15	6	L – 8 Adjectives		Flowers Works
15. 16.		6 12	L – 8 Adjectives Book:Flowers L – 3: Let's MakeFriends	StoryTelling Method	Flowers Works Page28 Flowers Works • Q.M Page – 38
	1-15 DECEMBER		Book:Flowers	StoryTelling Method DemonstrationMethod	Flowers Works Page28 Flowers Works
16.	1-15 DECEMBER 16-30 JANUARY	12	Book:Flowers L – 3: Let's MakeFriends Book: Flowers		Flowers Works Page28 Flowers Works • Q.M Page – 38 • Drawand colou

FINAL EXAMINATION – Last week of February

et

rksheet

g- cat four adjectives from the given paragraph <mark>rs</mark> Justaminute

<mark>rksheets</mark>

Underlinethepronounsfromthegivenparagraph.

Making

<mark>rksheets</mark>

<mark>rksheets</mark> 38

lourdifferentbirds.

lofahousesusingicecreamsticks.

<mark>rksheets</mark> 0Groupdiscussion

ud using cotton balls.

eoofthegivenpoem.

<mark>rksheets</mark>

				TEXTBOOK: Flowers & Flow	SUBJECT: Mathematics TEXTBOOK: Flowers & Flowers Worksheet MENTAL MATHS: Rapid Fire											
S. NO.	DURATION	CHAPTER/TOPIC	NO. OFR/TOPICTEACHING DAYSSYLLABUS COVERED		PEDAGOGY	ART INTEGATED/OTHER ACTIVITIES										
1.	April 1-15		10	Lesson – 1 Numbers up to 1000	Art Integrated Learning	Flowers Page – 65 <mark>RapidFire</mark> Page – 7,8										
2.	April 16-30		12	Lesson – 1 Numbers up to 1000 Lesson – 2 Addition	Problem Solving	Rapid Fire Pg – 28, 29 <mark>Flowers</mark> Page – 91										
3.	May 1-15		11	Lesson – 2 Addition Lesson – 4 Addition of Larger Numbers	Value Based	Flowers Worksheet Page – 39,40 Rapid Fire Pg – 34										
4.	May 16-28		12	Lesson – 4 Addition of Larger Numbers	Art Integrated Learning	Worksheet Addition Doll										
UNIT-1 EXAMINATION – 2 nd week of July																
5.	July 1-15		5	Lesson – 3 Subtraction	Play-way Activity	<mark>Flowers</mark> Page – 96										
6.	July 16-30		12	Lesson – 3 Subtraction	Concept Based	Flowers Worksheet Page – 41,42										
7.	August 1-15		9	Lesson – 5 Subtraction of Larger Numbers	Art Integrated Learning	<mark>Rapid Fire</mark> Pg – 35										
8.	August 16-30		12	Lesson – 5 Subtraction of Larger Numbers	Art Integrated Learning	Worksheet Colour by using the colour code										
9.	September 1-15		6	Lesson – 6 Shapes and Patterns <mark>(Activity)</mark> Revision Addition and Subtraction of Larger Numbers	Project Based	Worksheet Circle the shape that comes next										
				HALF-YEARLY EXAMINATION	N – Mid September											
10.	September 16-30		5	Lesson – 1 Multiplication	Application Based	<mark>Worksheet</mark> Dodging Tables – 2,3,4,5,10										
11.	October 1-15		9	Lesson – 1 Multiplication	Use of Multimedia	Video Making Record a video explaining the table of 2 using objects										

10	October	10	Lesson – 1 Multiplication	Volue Deged					
12.	16-31	10	Lesson – 2 Division	Value Based					
13.	November 1-15	11	Lesson – 2 Division	Experiential Learning					
14.	November	12	Lesson – 2 Division	Application Based					
14.	16-30		Revision Multiplication & Division	Application Based					
UNIT-2 EXAMINATION – 1 st week of December									
15.	December	6	Lesson-3	Concept Based					
	1-15		Fractions	-					
16.	December 16-31	12	Lesson-4 Time	Experiential Learning					
17.	January 1-15	6	Lesson-5 Money	Competency Based					
10	January	11	Lesson-6						
18.	16-31	11	Measurement	Play-way Activity					
			Lesson-6 Measurement	Problem Solving					
19.	February 1-10	10	Lesson-7 Data Handling <mark>(Activity)</mark>	Project Based					

FINAL EXAMINATION – Last week of February

<mark>Flowers</mark> Page – 110 Values

<mark>Rapid Fire</mark> Pg – 42

Flowers Worksheet Pg – 51,52

Flowers

Page-116: Understanding Halves and Fourths

Rapid Fire Pg – 46, 47 Flowers Pg – 121: Days of the week

Flowers Worksheet

Pg – 55,56

Flowers P – 126 & 127: Ex-5.1, QC Making money using coins

Flowers Pg – 136: Ex-6.1, QC Colour the correct boxes after identifying the unit

> <mark>Rapid Fire</mark> Pg – 52, 53

<mark>Flowers</mark> Pg – 152&153: Pictograph

SUBJECT: General Awareness TEXTBOOK: Flowers & Flowers Worksheet

S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	A
1.	April 1-15		10	Lesson 1 Our Wonderful Body	Storytelling Method Value Based	
2.	April 16-30		10	Lesson 2 Food for Us	Explanatory Method Value Based	
3.	May 1-15		10	Lesson 3 Clothes for Us	Demonstration Method	Collect diffe
4.	May 16-28		10	Lesson 4 We Need Shelter	Multimedia Use of Multimedia	
5.	July 1-15		5	Project work	Play-way Method	
6.	July 16-30		10	Lesson 5 I Love My School	Demonstration method	
7.	August 1-15		10	Lesson 6 Neighbourhood	Explanatory Method Use of Multimedia	Pg 159- Q
8.	August 16-30		10	Lesson 7 Festivals are Fun	Storytelling Method	
9.	September 1-15		6	Lesson 8 Having Fun	Play-way Method	
				HALF-YEARLY EXAMIN	NATION – Mid September	

10.	September 16-30	5	Lesson 1 Our Earth	Explanatory Method	
11.	October 1-15	10	Lesson 1 Our Earth (Continued) Pg - 161, 162,163	Discussion Method	
12.	October 16-30	10	Lesson 2 Our Environment	Use of Multimedia	

ART INTEGATED/OTHER ACTIVITIES

Video making Stretching exercise WORKSHEET PAGE- 63 AND 64

Fruit Chaat Activity Pg 137- Puzzle <mark>WORKSHEET PAGE- 65 AND 66</mark>

Pg 142- Q.F fferent photos of family members wearing traditional dresses. WORKSHEET PAGE- 67 AND 68

Game- Create a house using blocks Pg 148- Puzzle Q.H WORKSHEET PAGE- 69 AND 70

-

Field trip WORKSHEET PAGE- 71 AND 72

FIELD TRIP • Q.G- Colour the picture of a neighbourhood park WORKSHEET PAGE- 73 AND 74

Make a handmade greeting card. <mark>WORKSHEET PAGE – 75 AND 76</mark>

Q. F - Pg 168 Make a pencil holder WORKSHEET PAGE -77 AND 78

Globe making WORKSHEET PAGE – 79 AND 80

Pg 163 – Q. F

Pg 169 – Q. F WORKSHEET PAGE – 81 AND 82

13.	November 1-15	11	Lesson 3 Plants are our Friends Pg 170,171, 172	Storytelling Method	
14.	November 16-30	12	Lesson 3 Plants are our Friends Pg 173-174	Drill and Practice Method	
15.	December 1-15	6	Lesson 4 Animals are our Friends	Play way method	
16.	December 16-30	12	Lesson 5 Seasons	Storytelling method	
17.	January 1-15	6	Lesson 6 Pollution	Explanatory Method	
18.	January 16-31	11	Lesson 7 How We Travel	Play-way Method	
19.	February 1-15	11	Lesson 8 Be Safe	Use of Multimedia	

FINAL EXAMINATION – Last week of February

FIELD TRIP Pg 176 – Q. F <mark>WORKSHEET PAGE – 83 AND 84</mark>

> Q. E Pg 176 Word puzzle

Q. H Pg 182 WORKSHEET PAGE – 85 and 86

Pg 185 Word puzzle WORKSHEET PAGE- 87 AND 88 Q. H Pg 192 POSTER MAKING WORKSHEET PAGE- 89 AND 90

Q. F Pg 197 Cut out of your favourite vehicle <mark>WORKSHEET PAGE – 91 AND 92</mark>

Making a First Aid box Q. E Pg 202 Make a traffic light. WORKSHEET PAGE – 93 AND 94

	SUBJECT: Computer BOOK: IT Planet-2									
S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	AR				
1.	April		3	1.Computer- Its Types 2. Introduction to Tux Typing	Concept Based Interactive and participative learning	1.Identify i 2				
2.	May		4	1.Computer- Its Types 2. Practice typing in Tux Typing	Research Based Learning by Observation and Usage	1. Encircle 2. Practi				
3.	July		4	 Man versus Computer Introduction to Tux Paint 	Visualisation Based Interactive Learning	1. 2. Practice dra				
4.	August		4	1.Computer- At Various Places 2. Practice of Tux Paint software	Research Based Learning by Observation	1.Paste the				
5.	September		2	Revision	Enquiry based	An oral				

HALF-YEARLY EXAMINATION – MidSeptember

6.	October	3	1. The Monitor 2. Drawing in Tux Paint	Visualisation based Learning by Doing	1. Identify the d 2. Practice the u
7.	November	3	1. Computer Devices 2. Drawing in Tux Paint	Technology based	 Solve the cro Learn to sav
8.	December	3	Computer Devices	Technology based	1. Draw a jungle
9.	January	3	Keyboard - Its Keys	Research based creative learning	Solve the given j
10.	February	2	Revision	Enquiry based	An oral/ written

FINAL EXAMINATION – Last week of February

RT INTEGATED/OTHER ACTIVITIES

y input, process and output in the given examples. 2. Practice typing letters in Tux Typing

le the correct pictures for the given computer type. ctice typing letters and numbers in Tux Typing.

. Colour the bubbles related to computer. Irawing with Magic tool and Stamp tool in Tux Paint

he pictures of uses of computer at different places.

al/ written revision covering the term syllabus

e different types of monitors in the given pictures. e usage of Magic tool and Shapes in Tux Paint.

rossword puzzle with the help of pictures. ave a drawing in Tux Paint

gle scene and Christmas scene in Tux Paint.

n puzzle with the help of given clues.

en revision covering the term syllabus

				SUBJECT: Gen BOOK: GI		
S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	
1.	April		4	Page5:Insidemy body Page7:Foodytales Page8:Fresh fruits Page9:Whatwill theyuse?	Discussionbased Brainstorming Playwaymethod	Paş Cu nar
2.	May		4	Page10:Clothto clothes Page11:Pretty patterns Page13:Somany houses Page14: Thehome makers	Interaction Valuebased Activitybased Technologybased	<mark>Pag</mark> Dra Wh
3.	July		4	Page15:Theyare valuable Page16:Meet my Family Page17:Wecare! Page18:Follow	Storytelling Stimulation Roleplay Multimedia	Lif <mark>Pa</mark> ş
4.	August		4	Page 19: IndoorsandOutdoors Page21:Be asport	Interactionquiz	Wo Pag
5.	September		2	Revision	Discussion	Rev
				HALF – YEARLY EXAMI	INATION: Mid September	
6.	October		4	Page 22: How we travel? Page23:At the platform Page 24: Travel safe Page25:Colormeright	Discussion based Value based Research based Creativeexpression	Paj <mark>Pa</mark> ş
7.	November		4	Page27:Speak right Page28:WhoamI? Page29:Whereis mybaby? Page31:plant fact	Activitybased Use of Multimedia Value based interaction	Val <mark>Pa</mark> ş
8.	December		4	Page32:Somany flowers Page34:Airy facts Page36:Cleanair page Page37:Jai hind	Discussionmethod Use of Multimedia Drillandpractice Activitybased	Paş
9.	January		4	Page38:India puzzle Page39:Proudto beanIndian	Discussionmethod	Pag

10.

January

February

2

Page41:Ispy

Revision

Page42: Think Hard

FINAL EXAMINATION – Last week of February

Use of Multimedia

Practiceworksheet

ART INTEGATED/OTHER ACTIVITIES

age4:Thisisme

Cutandpasteanyfivebodyparts.Mentiontheir amesalso.

age6: Aroundtheclock

Draw handsontheclocks toshowthetime Whenyoudothings.

lifeSkillsandValuebasedActivity

age12:Doitright!

Wordsearch

Page20:It'sagoal

Revision

Paperfolding:Makingapaperboat.

Page26:storytime

aluebasedactivity Page30: ChamlingandJerry

Page33: Fromseedtoplant seedgerminationactivity

Page40:Canyouspot it?

Revision

		SUBJECT: Value Education BOOK: Right is Right						
S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	AI		
1.	April 1-15		2	Lesson 1 Talking to God	Discussion Method	Show th		
2.	April 16-30		2	Lesson 2 Our Duties at Home	Explanatory Method	Draw/past		
3.	May 1-15		2	Lesson 3 Using God's Gifts	Discussion Method			
4.	May 16-28		2	Lesson 4 Healthy Food Habits	Value Based Method			
5.	JULY 1-15		2	Lesson 5 Keeping Clean	Enquiry Method	Draw, na		
6.	JULY 16-30		2	Lesson 6 Our Helpers	Discussion Method			
7.	AUGUST 1-15		2	Lesson 7 Sharing is Joy	Value Based Method	Name 5 thin		
8.	AUGUST 16-30		2	Revision of Lessons - 1, 2, 3 & 4	Use of Multimedia			
9.	SEPTEMBER 1-15		2	Revision of Lessons - 5, 6 & 7	Use of Multimedia			
		1 1	1	HALF-YEARLY EXAMIN	ATION – Mid September	1		
10.	SEPTEMBER 16-30		2	Lesson 8 Our Teachers	Activity Based Method	Р		
11.	OCTOBER 1-15		2	Lesson 9 Being Active is Fun	Play Way Method			
12.	OCTOBER 16-30		2	Lesson 10 Safety Saves	Explanatory Method			
13.	NOVEMBER 1-15		2	Lesson 11 Wisdom	Story Telling Method			
	NOVEMBER		2	Lesson 12 Stranger – Danger	Story Telling Method	List an		
14.	16-30			8 8				
14. 15.	16-30 DECEMBER 1-15		2	Lesson 13 My Motherland – India	Activity Based Method			
	DECEMBER 1-15 DECEMBER		2 2	My Motherland – India Story – All Things Wise <mark>(Activity Based)</mark>	Activity Based Method Use of Multimedia	Drav		
15.	DECEMBER 1-15			My Motherland – India				
15. 16.	DECEMBER 1-15 DECEMBER 16-30 JANUARY		2	My Motherland – India Story – All Things Wise (Activity Based) Revision of Lessons – 8 and 9 Story – The Company We Keep (Activity Based)	Use of Multimedia	Drav Write How would		

ART INTEGATED/OTHER ACTIVITIES

the different times you pray every day (Page 7).

ste any 2 pictures of yourself helping your parents.

Make a Thank You card (Page 11)

Colour the pictures of fruits (Page 15)

ame and colour two things to keep yourself clean.

Activity (Page 21)

nings you share with your friends in school (Page 23)

Worksheets

Worksheets

Prepare a Teacher's Day Card (Page 27)

Colour the picture (Page 31)

Make a First Aid Box.

Draw and colour a jungle scene.

my 2 ways to keep yourself safe from strangers.

Colour the National Flag (Page 45)

aw and colour a tree and write two uses of it.

ite two things you like about your best friend.

Id you like to make your guests feel special? Make a graphic organiser and write 4 points.

Worksheets

					BJECT: Art DK: Creations	
S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART IN
1.	April		8	Drawings with Natural shapes/ Page – 7 and 10 in Creations	Observation based Creativity based	 Leaf printingPasting Observe different sha
2.	May		8	Spring Art/ Page – 11 and 13in Creations	Explanation based Observation based	 Draw different type o coloring. Discuss about the diff
3.	July		8	Fruits and Vegetables basket/ Page - 14 and 15in Creations	Discussion based Creativity based	 Kids will draw their f they will color all. discuss about the fruit
4.	August		8	Rakhi Making and Independence Day drawing/ Page – 19and 20 in Creations	Observation based Creativity based	 With the help of cut of attractive. Make tricolour kite of attractive.
5.	September		8	Water World Teachers Day Activity/ Page – 21and 25 in Creations	Explanation based Observation based	 Use colorful clay to m background. Make beautiful card f
6.	October		8	Dussehra and Diwali activity/ Page – 27 and 30 in Creations	Project based Creativity based	 With the help of color Make one nice Diwali
7.	November		8	Abstract art with different shapes/ Page – 32and 39in Creations	Discussion based Creativity based	 Use different shapes t Discuss about different make abstract with shapes
8.	December		8	Christmas Composition and activity/ Page – 43and 47 in Creations	Observation based Creativity based	 Take one sheet draw decorate it With the help of thick
9.	January		8	Garden Scene/ Page – 45and 45 in Creations.	Discussion based Observation based	 Make nice Garden sc background. Make paper flower w
10.	February		8	Collage with waste material/ Page – 41and 48 in Creations	Observation based Creativity based	 Use waste material lil Discuss about reuse, i

INTEGATED/OTHER ACTIVITIES

g: Use dry leaves of different shapes to make scenery. hapes of tree leaves and try to make in drawings file.

of flowers to create spring scene and use ear bud for

fferent type of flowers and write their name.

favorite fruits and vegetables in the basketand then

uits and vegetables and write their name and benefits. outs make nice Rakhi and decorate it to make it

on drawing sheet and decorate it.

make small fishes arrange it on sheet and color the

l for teachers and decorate it.

ored sheets make decorative things. Ili Scene and decorate it.

s to make abstract Composition. and fill color nicely. ent type of shapes and with the help of coloured paper shapes.

v Christmas Composition on it then colour it and

ck paper make 3D Christmas tree and decorate it.

scene with different type of flowers with proper

with colourful paper and arrange it on sheet.

like buttons, pencil etc. to decorate art work. , recycle and make poster on it.

		SUBJECT: GAMES							
S. NO.	DURATION	CHAPTER/TOPIC	NO. OF TEACHING DAYS	SYLLABUS COVERED	PEDAGOGY	ART INTEGATED/07			
1.	April		3	Free movement exercises.Jogging on the spot, Jumping Warm-upExercises	Observation based Practical based	To warm-up the body: 2 Exercises – Arm, Neck, Observe and practice ev body fit.			
2.	May		4	Free Hand exercises Attention and Stand at Ease.	Practical based Observation based	After 10 minutes warm- Practice to control breat Demo about Free hand e			
3.	July		4	Skipping Rope (Basic skills of skipping rope)	Demo based Practice based Observation based	Take skipping Rope and slowly try to skip the rop Observe and practice in the rope.			
4.	August		4	Shuttle-Run(50 yard)	Observation based Practical based	Take Two cones and pu space. Stand one side of cone one by one (20-20 Increase speed and stren			
5.	September		4	Surya Namaskar (Yoga)	Explanation based Observation based. Practice based	Take yoga mat and till 1 should hold 5 seconds . Till the 12 positions of 2 exhale the breath.			
6.	October		4	Catch and Throw with Smiley ⓒBall	Concentration based	Take one Smiley ball an minutes.Practice continu With the help of wall on Increase accuracy and co			
7.	November		4	Fun Activity (Recreational activity)	Entertainment based Creativity based	Do any physical cum fu music any game with mu Do this activity to make Relaxing their bodies.			
8.	December		4	YOGA (Minor Asanas)	Observation based, practical and practice based	Take yoga Mat and prac Asana,VajraAsana,Pascl Demo all the Asanas by flexible and fit everyday			
9.	January		4	Meditation and practice of Breathing exercises	Practice based Observation based	Practice breathing exercise in the morning till20 min To keep their lungs fit a breathing exercise.			
10.	February		4	Dribbling with the ball and small bat	Practice and concentration based	Use one small basketbal with bat dribbling.practi With the help of teacher and smiley ball with the Increases concentration			

OTHER ACTIVITIES

: 2minutes Jogging, 2 minutes jumping (on the spot). c, shoulder,waist,legs.

everyday physical Exercises to keep your mind and

m-up, hands up & down. athing inhale and exhale. I exercises and breathing –Inhale and exhale

and adjust according to their height.wear shoes and rope with the jump and arm action. in the beginning one by one arm action and how to skip

put on the floor. Distance should be according to your of the cone.Run in between the cones and touch each 20 seconds- 3 sets)

ength.

1 12 counts take a proper position and each posture. Atleast minimum 5 sets should be done.f Surya Namaskar learn how and when inhale and

and throw it towards the wall and catch it. Do it for 20 inuously.

or any one of the family member do thisactivity. concentration power.

fun activity like Aerobics, dance,hoopla with the music till 40 minutes.

ke their body mentally, physicallyand spiritually fit.

ractice Padma Asana, Tada

schimothanAsana with proper breathing.

by the teacherand practice carefully to make their body ay.

ercise Anulom- Vilom, Kapalbhati.Try to practice only ninutes.

and healthy practice and learn inhale and exhale of

ball for dribbling and one small bat and Smiley ball for ctice everyday 20 minutes with accuracy.

her by demo learn how to dribbling with the basketball he small bat.

on, accuracy, mind development and exercise for brain.

MUSIC SYLLABUS

DURATION	NO,OF TEACHING PERIODS	SYLLABUS COVERED	PEDAGOGY	ΑCTIVITY
April - May	8	 Prayer Songs- Praise him Action Songs - I m so happy 	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
July - August	8	 Prayer Songs - Showers of Blessings Action Songs - Everyday I go to school All things bright and beautiful 	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing
September - October	8	 School Anthem Prayer Song - Tu hi data Bind us together 	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Cultural Programme Solo Singing
November - December	8	1. School Anthem 2. Christmas Carols	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Solo Singing Group Activities
January - February	8	 School Anthem National Anthem Prayer Song - We shall overcome , Everything I am, Folk Songs 	Focus on ability, knowledge, experience, understanding and interpretation in all areas of music	Group Activities

DANCE SYLLABUS

Month	No of Teaching Periods	Syllabus	Pedagogy	Art Integrated Activity
April - July	10	Warm up dance exercises - Arm Movement - Waist Movement - Leg Movement - Neck Movement - Recapitulation of steps learnt Special Assemblies	Practice daily with counts	Children can select any rhyth ordinate the dance exercises
August	4	Namaskar Guru Vandana Aerobics on Bollywood songs - first stanza	Narrate Guru Vandana and write it down	Use dance exercises probes l elastic bands, gym balls, balls steps
September - October	6	Bollywood songs Stanza 2 Recapitulation of all the steps learnt with counting and music/songs	Wear traditional costume	This is the month of festivals. perform during these days.
November	4	Free style dance	Watch YouTube videos and perform	Practice dance steps with cou
December - January	6	Free style dance (Continued)	Watch videos of famous dancers	Practice the dance with musi
February	4	Folk based Bollywood Dance	Wear any folk costume and practice dance steps	Combine their dance steps w probs like - Dandiya sticks, M

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

thmic music and coes

es like water bottles, alls to combine with

als. Children can

counts and music usic with folk dance

Matka, Manjeera

हिंदी पाठ्यक्रम कक्षा – २

<u>सत्र: 2023 – 24</u> <u>पाठ्य पुस्तक – वृद्धि</u>

क्रमांक	काल	पाठ / विषय	शिक्षण अवधि	पाठ्यक्रम पूर्ति	शिक्षार्थी केंद्रित शिक्षा शास्त्र	कला एकीकृत गतिविधि		
1.	April 1-15		9	मिल जुलकर काम करें (कविता)	लयात्मक विधि	• अपने कमरे की सफाई करें		
2.	April 16-30		10	बुढ़िया और बंदरिया	कहानी विधि	• चित्र देखकर कहानी सुनाओ		
3.	May 1-15		9	पेड़वाला ए.सी. सयुंक्ताक्षर शब्द	कहानी विधि नियत कार्य विधि	 पेड़ लगाने पर एक स्लोगन लिखो नए शब्द बनाएँ 		
4.	May 16-28		9	वचन बदलो र की मात्रा	खेल विधि खेल विधि	 अपने शरीर के अंगों के नाम में वचन पहचानिए नए शब्द बनाएँ 		
	UNIT-1 EXAMINATION – 2 nd week of July							
5.	July 1-15		5	टोरा और बोज़ो सयुंक्ताक्षर शब्द	संवादात्मक विधि नियत कार्य विधि	 कुत्ते का चित्र बनाकर रंग भरो नए शब्द बनाएँ 		
6.	July 16-30		10	मैं हूँ हाथी	कहानी विधि	• हाथी का चित्र बनाकर रंग भरिए		
7.	August 1-15		8	लिंग बदलो बाँधूँगा दीदी को राखी (कविता)	तार्किक विधि गीतात्मक विधि	 स्तीलिंग शब्दों पर गोला लगाओ राखी बनाकर अपनी बहन को पहनाएँ 		
8.	August 16-30		11	र की मात्रा (प्रथम सत्र से)	खेल विधि	 नए शब्द बनाएँ 		

9.	September 1-15	7	पुनरावृत्ति				
HALF-YEARLY EXAMINATION – 2 nd week of September							
10.	September 16-30	5	सरस्वती नन्हीं की होली समान अर्थ वाले शब्द	मुक्त अधिगम विधि	 पिचकारी बनाकर रंग भरो वर्ग पहेली अगर बाढ़ आ जाए तो आप क्या करेंगे? कक्षा में बताएँ 		
11.	October 1-15	8	दूर गगन का तारा (कविता)	लयात्मक विधि	 चाँद को सही आकार की परछाई से मिलाएँ 		
12.	October 16-31	8	सयुंक्ताक्षर शब्द	नियत कार्य विधि	• नए शब्द बनाएँ		
13.	November 1-15	10	पाँच वाक्य	क्रियात्मक विधि	• विषय पर वाक्य लिखो		
14.	November 16-30	10	पुनरावृत्ति				
	UNIT-2 EXAMINATION – 1 st week of December						
15.	December 1-15	7	शेर आया	ऐतिहासिक विधि	• शब्द सीढ़ी		
16.	December 16-31	10	रेलगाड़ी की कहानी	प्रेरक प्रेरणा कथा विधि	 बिन्दुओं को मिलाकर रेल का इंजन बनाएँ और रंग भरें 		
17.	January 1-15	5	मेहनती चींटी (कविता)	गीतात्मक विधि	 अपनी उँगली रंग में डुबायें और चींटी बनाएँ 		
18.	January 16-31	10	खिलौने वाला सात वाक्य	प्रेरणात्मक विधि क्रियात्मक विधि	 अपने मनपसंद खिलौने का चित्र बनाएँ विषय पर वाक्य लिखो 		
19.	February 1-10		विलोम शब्द सयुंक्ताक्षर शब्द समान अर्थ वाले शब्द (द्वितीय सत्र से)	खेल विधि नियत कार्य विधि	 वर्ग पहेली नए शब्द बनाएँ		
	FINAL EXAMINATION – Last week of February						