

SYLLABUS 2025-26 CLASS-I

Syllabus Class – 1(2025-26)

ENGLISH SYLLABUS

BOOKS - FLOWERS (Part 1&2) THE GRAMMAR CONNECT

| S.NO | DURATION | CHAPTER/ TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED | PEDAGOGY (LEARNER CENTERED) | ART INTERGRATED / OTHERACTIVITI ES |
|------|-------------|-------------------|-------------------------------|---|---------------------------------------|--|
| | 1 | | 1 | TERM - 1 | | |
| 1. | 1-15 April | | 10 | L1- The Mango Tree | Experiential Learning | Join the dots -Pg-12 |
| 2. | 16-30 April | | 12 | L2- Hoppity, Hop! Splash, Splash! Poem- The Little Rabbit | Story Telling Recitation Method | Flashcard- Rabbit |
| 3. | 1-15 May | | 11 | Punctuation & Sentences | Use of Multi- Media | Flowers Worksheets -Pg-3 |
| 4. | 16-27 May | | 12 | Nouns & Alphabets | Play-way | Game-Noun Hunt |
| | | | | Vowels & Consonants | | Flowers Worksheets -Pg-7, 10 |
| 5. | 1-7 July | | 5 | Change the Gender | Questionnaire | Flash Cards |
| | | | UNIT TEST | Γ-1 (SECOND WEEK (| OF JULY) | |
| 6. | 16-31July | | 12 | L-3 Happy Birthday Opposites This/That/These/Those Is/Are/Am | Hands on learning | Birthday Card Making Flowers Worksheets -Pg- 10, 26, 11 |
| 7. | 1-15 Aug | | 9 | L-4 Bobby and Robby, Has/Have Pairing words | Story Telling Method | Making a fruit Chaat Flowers Worksheets -Pg- 15 |
| 8. | 16-31Aug | | 12 | Vowels, Poem-My Garden | Demonstration Field Trip | Bird Watching |
| 9. | 1-15 Sep | | 6 | He/She/It | Drill and Practice | Underline the Pronoun |
| | | | HALF YE | ARLY EXAMS (MID SEPTER | │ ∕∕IBER) | |

| | | | TERM - 2 | | |
|-----|-----------------------------------|------------------------|---|--|---|
| 10. | 24-30 Sep | 5 | L-1 Arun and Tara, | Story Telling | Puzzle (pg5), |
| | | | Position Words(in /on/under) | | Hide and seek Flowers Worksheets -Pg- 19 |
| 11. | 1-15 Oct | 9 | L-2 What does the Prince Want? | Questionnaire method | Riddle (pg23), Puzzle (pg25) |
| 12. | 16-31 Oct | 10 | Poem- Mice are Nice | Recitation | Sound Game |
| | | | Rhyming Words | Play-way Method | Flowers Worksheets -Pg-22,26 |
| 13. | 1-15 Nov | 11 | Verbs | Drill and Practice | Simon Says, Word search grid Flowers Worksheets -Pg- |
| 14. | 16-30 Nov | 12 | Conjunctions | Play way | Word Ladder |
| 15. | 7-15 Dec | 6 | One and Many | Play way Method | Board Game-Using Classroom objects |
| | | 2 ND UNIT T | TEST (FIRST WEEK OF 1 | DECEMBER) | |
| 16. | 16-31 Dec | 12 | L-3 Clever Fred, | Questionaire Method | Puzzle (pg26), Enactment, |
| | | | Grammar Articles (A/AN), Opposites | Use of Multimedia | Finger Puppet |
| 17. | 8-15 Jan (1-7 Winter Break) | | L-4 Free and Happy | Group Discussion | Flowers Worksheets -Pg-27 Feed the Birds, Speak two sentences about the way in which you take care of pet animals |
| 18. | 16-31 Jan | 11 | L-5 Dear Animal Day, Grammar Adjectives | Technology Integration Play-way Method | Mask Making, Make a flower with the help of origami sheets and write 4 adjectives Flowers Worksheets - Pg28, 35 |
| 19. | 1-10 Feb | 11 | Poem- I Use My Brain | Recitation Method | Video Recording |
| | | FINAI | EXAMS (LAST WEEK OF FE | CRRIJARV) | |
| | | THAL | LIMINIO (LIMI WEEK OF TE | | |

<u>HINDI</u>

| | | | | | | SYLLABUS 2025-26 | | |
|------------|--------------------------|------------------|-------------------|--|---|---|--|--|
| | | | | <u>हिं</u> | <u>दी पाठ्यपुस्तक -</u> | <u>वृद्धि</u> | | |
| क्रमांक | काल | पाठ / विषय | शिक्षण अवधि | पाठ्यक्रम कला | पूर्ति शिक्षार्थी केंद्रित शिक्षा शास्त्र | एकीकृत गतिविधि | | |
| SEMESTER 1 | | | | | | | | |
| 1 | APRIL 1 – APRIL 15 | | 12 | अ मात्रा नहीं होती | खेल विधि परिचर्चा विधि | अ वर्ण से पीपल का पत्ता बनाकर रंग भरो | | |
| 2 | APRIL 16 – APRIL 30 | | 12 | अ मात्रा नहीं होती (क्रमशः) | उच्चारण विधि | आ से बनने वाले फल एवं सब्ज़ियों का सलाद | | |
| | | | | आ की मात्रा | अनुकरण विधि | | | |
| 3 | MAY 1 – MAY 15 | | 12 | आ की मात्रा (क्रमशः) | चित्र विधि | सब्ज़ियों के चित्र बनाकर उनके नाम लिखो | | |
| | 1 | | | सब्ज़ियों के नाम | नियतकार्य विधि | Chair a har a har Co har har Kich | | |
| 4 | MAY 16 – MAY 25 | | 11 | यातायात के साधन कविता - बादल आया | खेल विधि लयात्मक विधि | छाते का चित्र बनाकर रंग भरो | | |
| 5 | JULY 1 - JULY 15 | | 6 | पुनरावृत्ति | खोज विधि चर्चा विधि | नाव का चित्र बनाकर रंग भरो | | |
| | | | | | 1 | EEK OF JULY 2025 | | |
| | JULY 16 – JULY 31 | | 10 | इ की मात्रा | कहानी विधि | फल से बनने वाले व्यंजनों के नाम जानें और उन्हें | | |
| 6 | | | 12 | फलों के नाम | गीतात्मक विधि | अपनी आहार तालिका में शामिल करें | | |
| 7 | AUGUST 1 - AUGUST 15 | | 12 | ई की मात्रा रंगों के नाम | क्रियात्मक विधि | मछली का चित्र बनाकर रंग भरे | | |
| | ALICHICTI 16 | | उ की मात्रा संवाद | | संवादात्मक विधि | | | |
| 8 | AUGUST 16 – AUGUST 31 | | 12 | कविता - दिशा का गीत | संगीतात्मक विधि | उ वर्ण से सेब का चित्र बनाकर रंग भरे | | |
| | SEPTEMBER 1 | | | उ की मात्रा (क्रमशः | | | | |
| 9 | SEPTEMBER 15 | | 6 |) पुनरावृत्ति + सब्ज़ियों के नाम | विचार विमर्श विधि | इंद्रधनुष के रंगों के नाम जाने और चित्र में रंग भरे | | |
| | | | H | · · · · · · · · · · · · · · · · · · · | AMINATION- M | IID SEPTEMBER 2025 | | |
| | | | | | | | | |
| | SEPTEMBER | | | | SEMESTER 2 चित्र विधि | | | |
| 10 | 16 - SEPTEMBER 30 | | 12 | ऊ की मात्रा | वर्ग समूह विधि | घर में पाई जाने वाली वस्तुएँ कक्षा में लाए और दिखाए | | |
| | 0.0700000 | | | ऊ की मात्रा | | | | |
| 11 | OCTOBER 1 | | 12 | (क्रमशः) | मुक्त अधिगम | कागज़ की प्लेट से सूरज बनाए | | |
| 11 | OCTOBER 15 | 12 | | ए की मात्रा + उल्टे अर्थ वाले शब्द | विधि | परागण परा पाट स सूरज बनाए | | |
| | OCTOBER 16 | | | | खेल विधि | ए की मात्रा से बनने वाले शब्द जैसे केले और सेब की | | |
| 12 | - OCTOBER 31 | | 12 | ए की मात्रा (क्रमशः) | परिचर्चा विधि | चाट बनाकर खाए | | |
| 13 | NOVEMBER 1 | | 12 | ऐ की मात्रा स्त्रीलिंग पुल्लिंग | संख्या गणना लेखन विधि | हाथ की उँगलियों पर संख्या गिनने का अभ्यास करें | | |

| | NOVEMBER 15 | | | | | |
|----|------------------------------------|-----|---------------------------------------|----------------------------|---|--|
| 14 | NOVEMBER 16 - NOVEMBER 30 | 12 | कविता - दीवाली आई पुनरावृत्ति | गीतविधि | दिए गए शब्द का चित्र बनाकर वाक्य लिखो | |
| | | U | | ION – 1 ST WEEK | OF DECEMBER 2025 | |
| | DECEMBER 1 | | ओ की मात्रा | | | |
| 15 | DECEMBER 15 | 6 | जानवरों के नाम | सतत अनुकरण विधि | हाथ की छाप से मोर बनाए | |
| | DECEMBER | | ओ की मात्रा | | | |
| 16 | 16 - DECEMBER | 12 | (क्रमशः) | अनुमानी विधि | अपने मनपसंद खिलौने का चित्र बनाकर रंग भरो | |
| | 31 | | औ की मात्रा | | | |
| | JANUARY 9 - | _ | अं की मात्रा | | | |
| 17 | JANUARY 15 | 6 | सप्ताह के दिन | अनुस्वार विधि | मम्मी की बिंदी वर्णों पर लगाए | |
| | | | अँ की मात्रा + | | | |
| 10 | JANUARY 16 | 10 | गिनती १ -१० | | रात के आकाश का चित्र बनाकर उसमे चाँद बनाओ | |
| 18 | JANUARY 31 | 12 | कविता - हुआ सवेरा | अनुनासिक विधि | और रंग भरो | |
| | FEBRUARY 1 | | | | | |
| 19 | FEBRUARY 15 | 12 | पुनरावृत्ति + उल्टे अर्थ वाले शब्द | चर्चा विधि | शब्द सीढ़ी | |
| | | ANN | NUAL EXAMINAT | ION – LAST WE | EK OF FEBRUARY 2026 | |

MATHEMATICS

CLASS – 1 SUBJECT: MATHEMATICS TEXTBOOK: Flowers, Flowers Worksheet and Rapid Fire

| | | | | , | • | |
|-----------|--------------------|-------------------|----------------------------|--|--------------------------|--|
| S. NO. | DURATION | CHAPTER /TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED | PEDAGOGY | ART INTEGRATED/OTHER ACTIVITIES |
| 1. | April 1-15 | | 10 | Pre- Number Concepts | Play- way Method | •Rapid Fire Book- Page 3 (In The Park) |
| 2. | April 16-30 | | 12 | Lesson – 1 Numbers up to 50 | Explanatory method | Match with Number Names (Worksheet)Rapid Fire Book- Page 6 and 7 |
| 3. | May 1-15 | | 11 | Lesson – 1 Numbers up to 50 | Experiential Learning | Abacus with bindis (Worksheet) Flowers Worksheets - Pg. No. – 37 and 38 |
| 4. | May 16-28 | | 12 | Lesson – 1 Numbers up to 50 (Revision) | Play – way Method | Flash Cards for 1-20 (Page 77) Rapid Fire Book- Page 8, 9, 10, 11 and 12 |
| | | | UNIT-1 | EXAMINATION – 2 nd | d week of July | |
| 5. | JULY 1-15 | | 5 | Lesson – 4 Numbers up to 100 | Experiential Learning | Making bundle of 10 Rapid Fire Book- Page 44 to 48 Flowers Worksheets Pg. No. – 43 and 44 |
| 6. | JULY 16-30 | | 12 | Lesson -2 Addition up to 20 | Activity Method | Addition Table of 1 (Worksheet) Rapid Fire Book- Page 13,14 and 15 Flowers Worksheets Pg. No. – 39 and 40 |
| 7. | AUGUST 1-15 | | 9 | Lesson-2 Addition up to 20 | Value Based | Flowers Textbook Page – 85 Values Rapid Fire Book- Page 16, 17 and 18 |
| 8. | AUGUST 16-30 | | 12 | Lesson-3 Subtraction up to 20 | Value Based | Flowers Textbook Page-93 Values Rapid Fire Book- Page 19 to 23 |
| 9. | SEPTEMBER 1-15 | | 6 | Lesson- 3 Subtraction up to 20 Lesson -1 Numbers up to 50 (Revision) | Use of Multimedia | Addition and Subtraction Videos Flowers Worksheets Pg. No. – 41 and 42 Rapid Fire Book- Page 34 to 38 |
| | | | HALF-YEAR | LY EXAMINATION | – Mid September | • |
| 10. | SEPTEMBER 16-30 | R | 5 | Lesson – 1 Addition and Subtraction up to 100 | Experiential Learning | Flowers Textbook Page 84 - A number Grid Rapid Fire Book- Page 49 to 53 |

| 11. | OCTOBER 1-15 | 9 | Lesson – 1 Addition and Subtraction up to 100 | Experiential Learning | Flowers Textbook Page – 84 Values Flowers Worksheets Pg. No. – 45 and 46 |
|-----|-------------------|------------|--|---|--|
| 12. | OCTOBER 16-30 | 10 | Lesson – 3 Time and Money | Observation Method | Draw clocks and show the given time. Flowers Worksheets Pg. No. – 49 and 50 |
| 13. | NOVEMBER 1-15 | 11 | Lesson – 3 Time and Money Lesson – 6 Data Handling (Activity) | Observation Method Activity Based Method | Counting Money Flowers Worksheets Pg. No. – 55 and 56 |
| 14. | NOVEMBER 16-30 | 12 | Revision Lesson – 5 Shapes and Patterns (Activity) | Discussion Method Activity Based Metho d | •Rapid Fire Book- Page 58 to 65 •Flowers Worksheets Pg. No. – 53 and 54 |
| | | UNIT-2 EXA | AMINATION – 1 st we | ek of December | |
| 15. | DECEMBER 1-15 | 6 | Lesson – 2 Multiplication | Experiential Learning | •Multiplication Tables |
| 16. | DECEMBER 16-30 | 12 | Lesson – 2 Multiplication | Explanatory Method | Flowers Textbook Page – 98 Values Flowers Worksheets Pg. No. – 47 and 48 |
| 17. | JANUARY 1-15 | 6 | Lesson – 4 Measurement | Observation Method | Flowers Textbook Page – 113 Values Flowers Worksheets Pg. No. – 51 and 52 |
| 18. | JANUARY 16-31 | 11 | Lesson – 4 Measurement | Demonstrative Method | Finding capacity of different objects Rapid Fire Book- Page 40 to 43 |
| 19. | FEBRUARY 1-15 | 7 | Lesson -3 Time and Money (Revision) | Discussion Method | WorksheetsRapid Fire Book- Page 54 to 57 |

FINAL EXAMINATION – Last week of February

SUBJECT: GENERAL AWARENESS

CLASS – 1 SUBJECT: General Awareness TEXTBOOK: Flowers & FlowersWorksheet

| S. NO. | DURATION | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED | PEDAGOGY | ART INTEGRATED/OTHER ACTIVITIES |
|-----------|------------------|-------------------|----------------------------|---|----------------------------------|--|
| 1. | April 1-15 | | 6 | Lesson-1 My Body | Demonstration Method | Enjoy the action song Head and Shoulders, Knees and Toes |
| 2. | April 16-30 | | 6 | Lesson-1 My Body Lesson-2 The Food We Eat | Experiential Learning | Close your eyes and point out the body parts and sense organs Flowers Worksheets Pg-57,58 Sandwich Making (Saturday) Flowers Worksheets Pg- 59,60 |
| 3. | May 1-15 | | 6 | Lesson-4 Clean, Fit and Healthy (Activity) | Project Based | Paste pictures of things that help us to stay clean and healthy. Flowers Worksheets Pg-63,64 |
| 4. | May 16-28 | | 6 | Lesson-3 The Clothes We Wear (Activity) | Play-way Method | Bring a t-shirt and jeans and learn how to fold the clothes. Flowers Worksheets Pg-61,62 |
| | | | IINIT. | Revision 1 FXAMINATION | N – 2 nd week of July | v |
| | | | OIVII- | | veck of surj | |
| | | | | Revision | | Family Song |
| 5. | July 1-15 | | 6 | Lesson-5 I Love My Family | Use of multimedia | https://youtu.be/oW5muGdzNIE |
| 6. | July 16-30 | | 5 | Lesson-5 I Love My Family | Project based | Draw a family tree and paste pictures of your family members. Flowers Worksheets Pg-65,66 |
| | | | | | | THINKING TIME |
| 7. | August 1-15 | | 6 | Lesson-6 Home Sweet Home | Group Discussion | What will you do to make your home a more loving place? |
| 8. | August 16- 30 | | 6 | Lesson-6 Home Sweet Home Lesson-7 My School (Activity) | Experiential Learning | Arrange the things found in different rooms (Worksheet) Field Trip of the school Flowers Worksheets Pg-69,70 |
| | | | | Lesson-8 Let's Celebrate | | • Draw and colour the scene of your favourite festival. |

| | | HALF-YEA | ARLY EXAMINAT | ION – Mid Septe | mber |
|-----|--------------------|-----------|---|--------------------------|---|
| 10. | September 16-30 | 4 | Lesson-5 We Need Air | Experiential Learning | •Paste pictures of things that can be filled with air. |
| 11. | October 1- 15 | 6 | Lesson-5 We Need Air | Group Discussion | THINKING TIME Is it good to burst crackers or burn paper or leaves for fun? Flowers Worksheets Pg-81,82 |
| 12. | October 16- 31 | 6 | Lesson-6 We Need Water | Experiential Learning | Let us learn how to wash hands. Flowers Worksheets Pg-83,84 |
| | | | Lesson-6 We Need Water | Use of Multimedia | • https://youtu.be/4ydweprvtGM |
| 13. | November 1-15 | 6 | Lesson-2 People at Work (Activity) | Recitation Method | Recite the poem on Page-139 Flowers Worksheets Pg-75,76 |
| 14. | November 16-30 | 6 | Lesson-1 My Neighbourhood (Activity) | Play-way Method | Name 2-3 friends that live in your neighbourhood. Flowers Worksheets Pg-73,74 |
| | | LINUT 2 E | Revision XAMINATION – 1 | 1st woolz of Docom | hor. |
| | | UNIT-2 E | Revision | week of Decem | ibei |
| 15. | December 1-15 | 5 | Lesson-3 The World of Animals | Observation Method | •Talk about your favourite animal wild, domestic or farm. |
| 16. | December 16-31 | 6 | Lesson-3 TheWorld of Animals | Role Play | Enjoy Old Mac Donald had a farm with your classmates Flowers Worksheets Pg-77,78 |
| 17. | January 1- 15 | 6 | Lesson-4 The World of Plants | Group Discussion | THINKING TIME Should we pluck flowers and leaves? What do the plants need to survive? |
| 18. | January 16- 31 | 6 | Lesson-4 The World of Plants | Experiential Learning | Plant a sapling at home, observe changes in the sapling for two weeks Flowers Worksheets Pg-79,80 |
| 19. | February 1- 10 | 4 | Lesson-8 Up in the Sky (Activity) | Recitation Method | Recite the poem on Page-169 Flowers Worksheets Pg-87,88 |
| | | | Revision | | |
| | | FINAL EX | XAMINATION – L | ast week of Febru | ıary |

SUBJECT: VALUE EDUCATION

| | | | BC | OOK: Right is Righ | nt | |
|-----------|--------------------|-------------------|----------------------------|---|------------------------|---|
| S. NO. | DURATION | CHAPTER/ TOPIC | NO. OF TEACHING DAYS | SYLLABUS COVERED | PEDAGOGY | ART INTEGRATED/OTHER ACTIVITIES |
| 1. | April 1-15 | | 2 | What is prayer? | Art Integrated | Write a short prayer. |
| 2. | April 16-30 | | 2 | My Family | Discussion Method | Make a family tree. |
| 3. | May1-15 | | 2 | God Knows Everything | Art Integrated | Draw two things God has given you. |
| 4. | May16-28 | | 2 | Parents are God's Gift | Play way Method | Make a thank you card for your parents. |
| 5. | JULY1-15 | | 2 | My Grandparents | Discussion Method | Paste picture of your grandparents. |
| 6. | JULY16-30 | | 2 | Learning Manners | Discussion Method | Write two sentences on how we should treat our grandparents in practice copy. |
| 7. | AUGUST1-15 | | 2 | Mummy Dearest | Art Integrated | Paste a childhood picture of your mother. |
| 8. | AUGUST 16-30 | | 2 | Good Friends | Discussion Method | Write two things you like doing with your friends. |
| 9. | SEPTEMBER 1-15 | | 2 | Good Habits at Home (Revision) | Experiential Method | Clean your room |
| | | НА | LF-YEARLY | EXAMINATION – | Mid Septembe | r |
| 10. | SEPTEMBER 16-30 | | 1 | Good Manners in the Classroom | Experiential Method | Keep your classroom table clean. |
| 11. | OCTOBER 1-15 | | 2 | Good Habits on the Road | Discussion Method | Draw and colour the traffic light. |
| 12. | OCTOBER 16-30 | | 2 | Cleanliness | Experiential Method | Help your mother clean the kitchen and fold your own clothes. |
| 13. | NOVEMBER 1-15 | | 2 | Please, Sorry, Thank You | Activity Method | Make a thank you card for your parents and grandparents. |

| 14. | NOVEMBER 16-30 | 2 | Courage | Discussion Method | Play the game 'Truth or Dare'. |
|-----|-------------------|---|--------------------|------------------------|---|
| 15. | DECEMBER 1-15 | 2 | Sharing is Love | Experiential Method | Share old toys/books with the needy children. |
| 16. | DECEMBER 16-30 | 2 | Be Kind to Animals | Experiential Method | Feed the hungry birds. |
| 17. | JANUARY 1-15 | 1 | My Country | Activity Method | Draw our Indian National Flag. |
| 18. | JANUARY 16-31 | 2 | My Country | Activity Method | Draw our Indian National Flower. |
| 19. | FEBRUARY 1-15 | 2 | Revision | | |

FINAL EXAMINATION – Last week of February

GENERAL KNOWLEDGE

| | | | ВОО | K: KNOW-IT AL | L KIDS :1 | | | | | |
|-------|------------|-------------------|-------------------------------|---|--|--|--|--|--|--|
| | Semester 1 | | | | | | | | | |
| S. NC | DURATION | CHAPTER/ TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED | PEDAGOGY (LEARNER CENTERED) | ART INTEGRATED/ OTHER ACTIVITIES | | | | |
| 1. | April | | 4 | Lesson1: Myself Lesson16: My Body Lesson17: My Sense Organs | Audio visual method Observation method Action Song | Page 6: Paste picture of yourself and decorate it. Page 39: Label your body parts using colorful pens | | | | |
| 2. | May | | 4 | Lesson2:My Place of Worship Lesson3: My Holy Books Lesson4: My Almighty | Value based | Play cards of symbols of different religions. Family visit to places of worships | | | | |
| 3. | July | | 4 | Lesson5: My Bouquet Lesson7: My Garden | Story telling Asking/ answering questions Multimedia | Page 15: Draw / create a bouquet for your teacher | | | | |
| 4. | August | | 4 | Lesson6: My Pet Lesson8: My Farm | Story telling Value based | Visit to Delhi zoo. Make a collage of pet animals. | | | | |
| 5 | September | | 2 | Lesson10: My Relatives Lesson12: My Media (Activity) | Discussion Field trip | Make a family tree. | | | | |
| | | | Semes | ter 1 Exam – Mid | September | | | | | |

| | Semester 2 | | | | | | | | |
|----|------------|---|--|--|--|--|--|--|--|
| 6 | October | 4 | Lesson9:My Helpers | Discussion based | Make a telephone diary of important phone numbers. | | | | |
| | | | Lesson11:My Public Utility Institutions Lesson 19:My things of Daily Use | Value based Research based | Make a thank you card for the helpers. | | | | |
| 7 | November | 4 | Lesson13: My Nation Lesson14: My National Leaders | Creative expression Multimedia based | Paste pictures of national symbols | | | | |
| 8 | December | 4 | Lesson15: My Sports Stars Lesson 18: My Health Lesson20: My Heritage Spots | Discussion method Multimedia | Collect pictures of your favorite sports person and write their 2 achievements. Draw and colour one healthy fruit and write its name. | | | | |
| 9. | January | 4 | Lesson21: My Universe Lesson22: My Continent Lesson23: My Globe | Discussion method Multimedia practice worksheet | Make a globe Page 51: find the continent – word puzzle | | | | |
| 10 | February | 2 | Lesson24 : New Seven Wonders of the World (Activity) | Practice worksheet | Picture collage | | | | |

Annual exams from Last week of February

<u>GAMES</u>

| MONTHLY SYLLABUS | | | | | |
|----------------------------|---------------------|--|---|--|--|
| MONTH | TEACHING PERIODS | SYLLABUS COVERED | PEDAGOGY | ACTIVITY | |
| Arm Should Wris Body w Col | | Warming up Exercisese. Jogging Arm Rotation Shoulder Rotation Wrist Rotation Body weight squats Cobra pose Banded row Recreational activity | Observation based Practical based. Explanation and Demonstration method | To warm-up the body 2mints Jogging, 2 mints jumping (on the spot). ExercisesArm ,Neck, shoulder, Waist, legs.dog on the pond, fire in the mountain, fun games etc. | |
| July | 9 | Line Formation How to stand How to make a line How to come in line How to go in line Stand at Ease Attention | Explanation method Demonstration method | Basic skills of line formation, Discipline. | |
| August | 9 | BMI Height Weight Benefits of BMI Soccer basics(kicking) | Explanation method Demonstration method | Calcuation of BMI Body weight Height xHeight Observe and practice every day physical Exercises to keep your mind and body fit. | |
| September | 9 | Standing Broad Jump Strarting position Arm swing Jump Landing | Demo based Practice based Observation based | After jogging and warming up exercise fundamental skills of standing broad jump | |
| October | 9 | Ball Throw Grip Stance Arm position Throwing motion Follow through | Observation based Practical based method Explanation | throw Arm rotation exercises for throwing actions Take Two cones and | |
| | | Shuttle-Run (50 yard), 60 mtr race, skipping race etc. | method Demonstration method Practice method | put on the floor. distance should be according to your space. stand one side of the cone. | |

| November | 9 | Wall throw | Explanation based | Arm and shoulder |
|---------------|---|-------------------------|-------------------|-------------------------|
| | | Starting position | _ | exercise and learning |
| | | Arm swing | Practice based | the physical fitness |
| | | Jump | Demonstration | through activity |
| | | Landing | method | , |
| | | 50 mtr Race | | |
| | | (Intersection activity) | | |
| December | 9 | 50mtr Race | Explanation | Fundamental skills of |
| | | Starting position | method | Athletics |
| | | Arm movement | Demonstration | Medium start and |
| | | Foot placement | method | Elogated start |
| | | Posture | | |
| | | | | Concentration based |
| January | 8 | Balance and co- | Creativity based | Practice of skills like |
| | | ordination | Explanation | Hand, Arm, Eye, Foot |
| | | Flexibility | method | co-ordinations, |
| | | Hand-Eye co-ordination | Demonstration | Balance. |
| | | Throwing and Catching | method | |
| | | Foot –Eye co- | Competitive based | |
| | | ordination | skills | |
| | | Balloon Activity | | |
| | | intersection | | |
| | 9 | Kicking/ Dribbling | Practice based. | Practice the different |
| Februry/March | | Skipping and Hoping | Creativity Based | formats of races under |
| | | Relay races | Evaluation based | proper guidance to |
| | | Basketball(Dribbling) | Explanation | make their body |
| | | | method | flexible and fit |
| | | | Demonstration | everyday. |
| | | | | |
| | | | | |
| | | | | |

MUSIC SYLLABUS

| DURATION | NO. OF TEACHING PERIODS | ACHING | | ACTIVITY | |
|------------------------|--|---|---|-----------------------------------|--|
| April - May | 8 | | | Solo Singing | |
| July – August | 8 | Prayer Song - Showers of Blessings Action Song - Everyday I go to school All things bright and beautiful National Song | ong - Showers of ong - Showers of song - go to school gs bright and beautiful Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | | |
| September – October | 1. School Anthem 2. Prayer Song - Tu hi data 3. Bind us together and interpretation in all areas of music | | Solo Singing | | |
| November – December | 8 | 3, | | Solo Singing, Group Activities | |
| January - February | 8 | 1.School Anthem2.National Anthem3. Prayer Songs - We shall overcome, Everything I am4. Folk Songs | Focus on ability, knowledge, experience, understanding and interpretation in all areas of music | Group Activities | |

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

DANCE SYLLABUS

| DURATION NO OF TEACHING PERIODS April - July 10 | | SYLLABUS | PEDAGOGY | ART INTEGRATED ACTIVITY | |
|--|--|--|--|--|--|
| | | Warm up dance exercises - Arm Movement - Waist Movement - Leg Movement - Neck Movement - Recapitulation of steps learnt Special Assemblies | Practice daily with counts | Children can select any rhythmic music and coordinate the dance exercises | |
| August | 4 | Namaskar Guru Vandana Aerobics on Bollywood songs - first stanza | Narrate Guru Vandana and write it down | Use dance exercises probes like water bottles, elastic bands, gym balls, balls to combine with steps | |
| September - October | - 6 Bollywood songs Stanza 2 Recapitulation of all the steps learnt with counting and music/songs | | Wear traditional costume | This is the month of festivals. Children can perform during these days. | |
| November | 4 | Free style dance | Watch YouTube videos and perform | Practice dance steps with counts and music | |
| December - January | 6 | Free style dance (Continued) | Watch videos of famous dancers | Practice the dance with music | |
| February | 4 | Folk based Bollywood Dance | Wear any folk costume and practice dance steps | Combine their dance steps with folk dance probs like - Dandiya sticks, Matka, Manjeera | |

Special Assemblies - Preparation for Special Assemblies will be done in every month by respective classes.

ART SYLLABUS

CLASS I(2025-26)

| S.NO | WEEK | CHAPTER TOPIC | NO. OF TEACHING PERIODS | SYLLABUS COVERED | PEDAGOGY (LEARNER CENTERED) | ART INTEGRATED/OTHER ACTIVITIES |
|------|-----------|---|-------------------------------|---|---|--|
| 1 | April | 8 | 8 | Drawings with geometrical shapes/ Page no.3 | based Creativity based | 1,PaperPasting:Cutcoloured paper in different shapes to make scenery. |
| | | | | nn Creations | | 2. Observe different shapes and try to make more drawings. |
| 2 | May | | 8 | Vehicles Drawing./ | | 1.Draw any two transport and do thumb painting inside it |
| | | | | Page no.5&6 in Creations | Observation based | 2. Discussion about traffic rules and signs with flash cards. |
| 3 | July | | 8 | Flowers Drawing/ | Discussion based | 1.Draw any two flowers and do |
| | | Page no 7 and 9 in Creations | Creativity based | bindi pasting in it. 2. Paste pictures of any two flowers and colour the background. | | |
| 4 | August | | 8 | | based | 1.Draw nice rakhi and decorate it to make it attractive.2.Make national flag and do |
| | | | | Page no.10 and 11 in Creations | | colours with ear bud. |
| 5 | September | Birds drawing Teachers day activity/ Observation based Page no 13 and 14 in Creations | based | 1.Use colourful clay to make small birds. | | |
| | | | | Page no 13 and | | 2. Make one nice card for teachers with the help of paper folding. |
| 6 | October | | 8 | Festivals drawing/ Page no:17 and 19 in | Creativity based | 1.Colour and decorate diya with different decorative things |
| | | | Creations | | 2. With the help of cutouts make dangler for decoration | |

| 7 | November | 8 | Children's day activity/ Page no:23 and 25 in Creations | Discussion based Creativity based | 1.Draw children's day scene and colour nicely.2. Use red colour paper to make rose and paste in art file. |
|----|----------|---|---|---|--|
| 8 | December | 8 | Christmas card making/ Page no:24 and 27 in Creations | arantivity based | 1. Take one sheet draw Christmas tree on it and fold to make card then colour it and decorate it. 2. Draw Santa clause and use cotton to make it attractive. |
| 9 | January | 8 | Republic day/ Page no:31 and 33 in Creations. | Discussion based Observation based | Draw National flag with proper background. Cut paper in kite shape and decorate it with tricolour stone stickers. |
| 10 | February | 8 | Collage making / Page no:35 and 37 in Creations | | Use colourful papers to fill drawings done by students. Make colourful flowers with the help of coloured paper to make spring scene |