

HAPPY BIRTHDAY DEAR CHILDREN



SARA BRIDGET KOSHY PS-A



RIYANSHI





VIRAANSH JAIN PS-A AYATI BHALOTHIA

MAY YOUR DAY BE FILLED WITH SURPRISES



AKIRA MARWAH PS-C





ABHIRAJ

PS-C

NIHIRA JAIN

PS-C

I HOPE YOUR BIRTHDAY IS AS SPECIAL AS YOU ARE



ANAISHA

PS-D





SAMAIKA PS-D SUHANA PS-D

MAY GOD BLESS YOU WITH A HAPPY LIFE AHEAD



KUNAL PP-A



KAVYA SACHDEVA PP-A



VEDANSH KHARI PP-B



ROHANA JAIN

PP-B

WISHING YOU A WONDERFUL DAY



PP-B



PP-B **MANHIT**



AVYAAN



HRIDHAAN LALWANI PP-C

MAY ALL YOUR WISHES COME TRUE!



AHANA BHATIA

PP-C





KHAMTHIANPIAK PP-D PANAV SINGH

PP-D

PP-C

"BUILDING COPING STRATEGIES IN THE COVID TIMES"

The COVID-19 pandemic has had a major effect on our lives. Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions in adults and children. Public health actions, such as social distancing, are necessary to reduce the spread of COVID-19, but they can make us feel isolated and lonely and can increase stress and anxiety.

To combat during this catastrophic times brother T.ALEX arranged a seminar for parents of classes LKG to 5th on 31st May.

The session was conducted by a well-known psychotherapist Dr. Rachita Narang. She threw light on the ways of dealing with stress, anxiety which is very common amongst parents and children.

Some of the healthy ways to cope with stress shared by her are as

follows:

- -Take deep breath, stretch or meditate.
- -Exercise regularly.
- -Get plenty of sleep.
- -Try do something that makes you happy
- -Take out some "Me-time" and realize the things that fills you with energy and the things where you lose your energy.
- -Choose a corner in your home decorate it according to your will whenever you feel stressed just sit there and relax.

It was an interactive session wherein parents asked their queries and Rachita ma'am gave them ways to deal with their children. Parents were thankful to the monfortian family for arranging these kind of

sessions.







FINGER PRINTING ACTIVITY

(U.K.G)

Kids were given an interesting activity of finger printing in letter \overline{c} in online class. They dipped their index finger in paint and made impressions in the

letter ਟ .This activity improved their fine

motor development by strengthening

finger and hand muscles .Kids enjoyed doing this

activity and they also learnt the

formation of letter as they were asked to trace the letter

before the activity get started





Making nests (LKG)



As a part of vocabulary building activity, the children of LKG made nests while learning the new letter Nn. They were first asked to doodle with crayons on a plane sheet to make the nest. Later they pasted bird, eggs and leaves to complete the picture. This activity was helpful



in building vocabulary, improving their focus and eye and hand coordination. The children simply loved the activity and enjoyed it thoroughly.

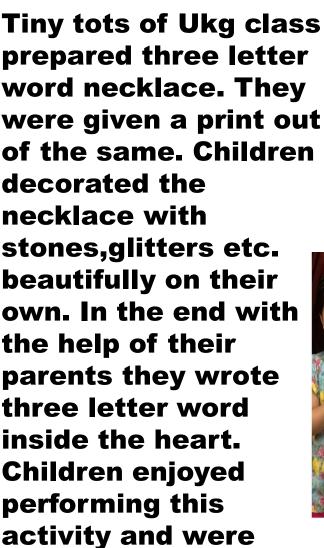






CRAFT ACTIVITY-NECKLACE (UKG) MAKING









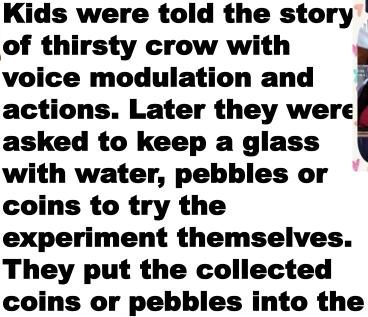








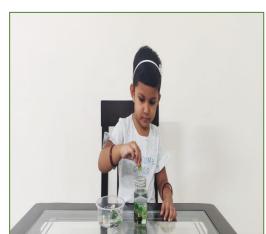
MONFORT SCHOOL -ASHOK VIHAR Story experiment-





water. They were happy to notice the level of water rising when the pebbles were put in. At point the water level came up to the brim. It was a great experience of learning by doing.







STONES AND PEBBLES ACTIVITY



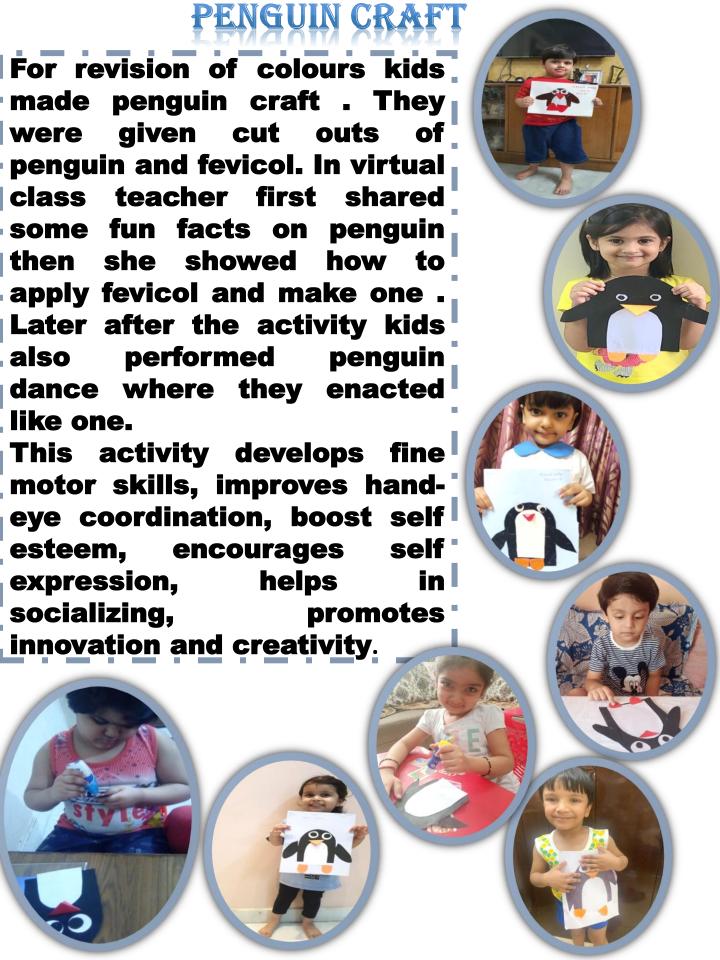










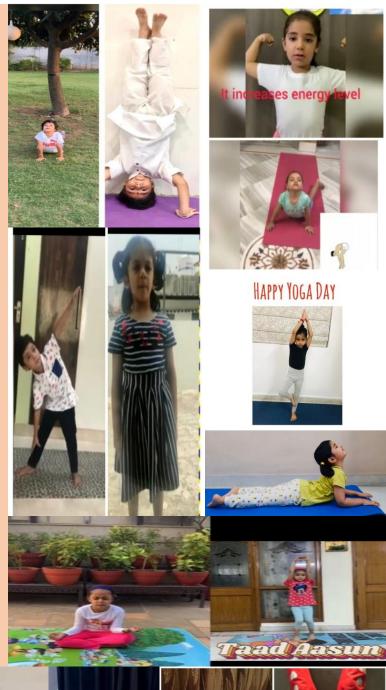


INTERNATIONAL YOGA DAY

YOGA IS A GATEWAY OF HAPPINESS THAT BODY

NEEDS
IN DAILY LIFE.

On 21st June 2021 "International Yoga day "
was celebrated by the
children of Pre —Primary to convey the message of keeping mind and body fit through asanas . Warm up , breathing exercises and different asanas were performed by the children under their parent's guidance, they also shared the importance and need of practicing yoga . It helps to keep our body ,mind and soul at peace . Children thoroughly enjoyed and participatéd enthusiastically











TRACING STROKES IN RICE TRAY (LKG)



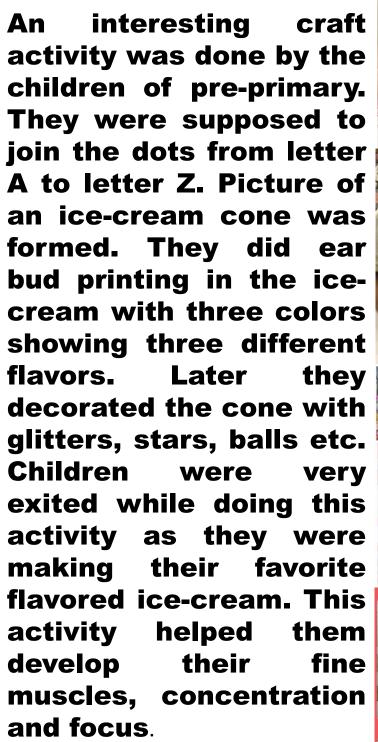
When the new stroke sleeping line was introduced in online class, so as a part of experimental learning the children were asked to first trace sleeping lines in a tray of raw rice. This activity was helpful in getting the finger movement correct from left to right. The children enjoyed making sleeping strokes in it. They also revised standing strokes later. It improved their focus and eye and hand coordination.





CRAFT ACTIVITY (UKG)









FATHER'S DAY CELEBRATION













"A father's tears and fears are unexpressed, but his care and protection remains as a pillar of Happy Father's Day... strength throughout our lives." Father's day is celebrated worldwide to recognise the contribution that fathers and father figures make in the lives of the children. Father's day is celebrated on 3rd Sunday of June every year. Our tiny tots also celebrated Father's day by making cards, singing , dancing and expressing their feelings and thoughts for their fathers. The videos of celebration were seen and appreciated by parents and all the staff members of Montfortian





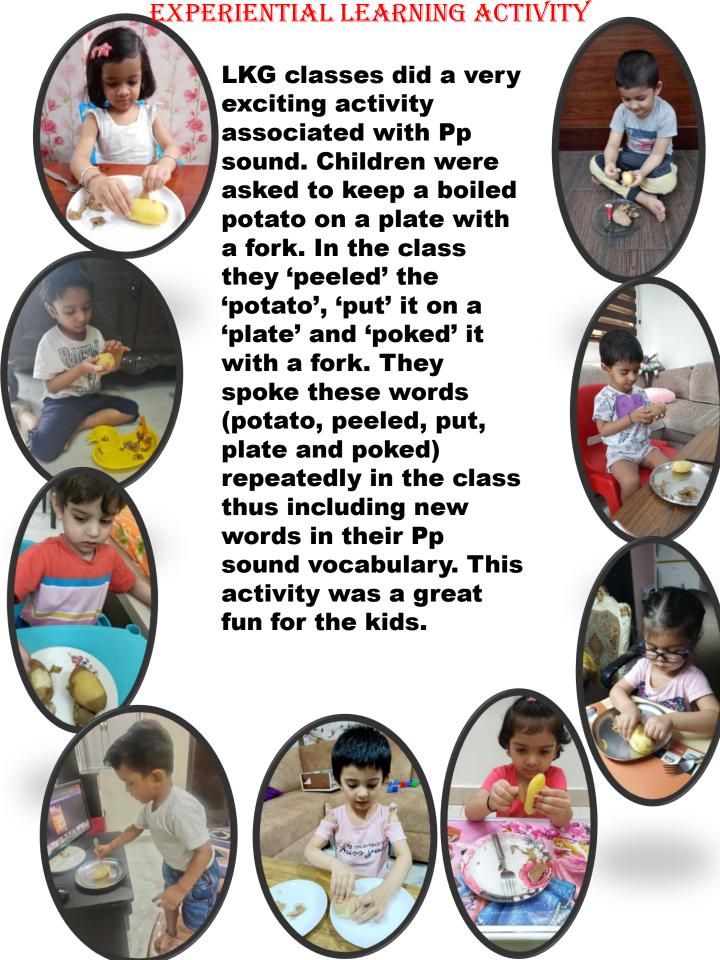












EXPERIENTIAL INTEGRATED ACTIVITY







LKG children enjoyed a craft activity associated with letter C in their Online class. They were given some cut outs of circles which were preferably green in colour. They pasted these circles one by one on a big letter C carefully overlapping the previous circle. In the end they pasted a face to complete their caterpillar. Children could be seen enjoying this activity. They learnt the circular shape, green colour and increased





their vocabulary.











EXPERIENTIAL ACTIVITY POURING ACTIVITY (LKG)















